

CORTE MADERA & LARKSPUR

PARKS AND RECREATION



WINTER/SPRING 2019-2020

COMMUNITY EVENTS

JANUARY



8th - Ray Simpson Big Band Dance * 8-10pm
Bring the whole family to dance or just listen to this FREE monthly event!

The 17-piece Ray Simpson Big Band plays the music of the 30s, 40s, and 50s - from swing to jazz. See page ??.

FEBRUARY

12th - Ray Simpson Big Band Dance * 8-10pm

The 17-piece Ray Simpson Big Band plays the music of the 30s, 40s, and 50s - from swing to jazz.

Valentine's Day Bingo

Valentines bingo nights only happen once a year so you won't want to miss it! Bring your friends and family for a delicious pasta dinner and play bingo for a variety of prizes! Please register online, by phone, or in person at the community center to ensure you get a spot! Adult supervision is required for those little ones and for some of the adults.



Location: Corte Madera Community Center

Code#	Day	Date	Time	Fee/Classes
507	Fri	3/7	7:00-9:30pm	\$20

MARCH

11th - Ray Simpson Big Band Dance • 8-10pm

Bring the whole family to dance or just listen to this FREE monthly event!

The 17-piece Ray Simpson Big Band plays the music of the 30s, 40s, and 50s - from swing to jazz.

Daddy Daughter Dinner Dance 1 & 2

Corte Madera Parks and Recreation would like to invite all daddies and daughters to enjoy some tunes and a classic meal from Marin Joe's. Our annual Daddy Daughter Dinner Dance is the place to be. Break out those dancing shoes and get ready to cut a rug. Don't wait to get tickets as soon as they go on sale. This event will sell out! (*Registration begins 1/7), (**Registration begins 1/14).

Location: Corte Madera Community Center

Code#	Day	Date	Time	Fee/Classes
511	Fri	3/13*	7:00-9:30pm	\$37
512	Fri	3/20**	7:00-9:30pm	\$37

Mother Son Dinner Dance Tickets (Reg. begins 1/22)

Corte Madera Parks and Recreation would like to invite all mothers and sons to enjoy some tunes and a classic meal from Marin Joe's. Our annual Mother Son Dinner Dance is the place to be. Break out those dancing shoes and get ready to cut a rug. This event will sell out!

Location: Corte Madera Community Center

Code#	Day	Date	Time	Fee/Classes
512	Fri	3/27	7:00-9:30pm	\$37

APRIL

8th - Ray Simpson Big Band Dance • 8-10pm

Bring the whole family to dance or just listen to this FREE monthly event!

The 17-piece Ray Simpson Big Band plays the music of the 30s, 40s, and 50s - from swing to jazz.

APRIL, continued

10th - Flashlight Egg Hunt at Piper Park • 8:30pm

Grab your flashlight and basket and join us at Piper Park for our 5th Annual Flashlight Egg Hunt! Eggs will be spread across a large section of the park, when the timer goes off, the search begins! Don't be late!



11th - Spring Egg Hunt at Piper Park • 10am

Grab your basket and join us for the Spring Egg Hunt at beautiful Piper Park in Larkspur! Children will be divided into age-specific areas to search for eggs. Don't miss this wonderful event! Free to the community.

17th - Spring Concert by Corte Madera Town Band • 7:30pm

Concert at Corte Madera Recreation Center. Refreshments will be served! New Band Members Are Always Welcome! For more information call www.cortemaderatownband.org.

MAY

13th - Ray Simpson Big Band Dance • 8-10pm

Bring the whole family to dance or just listen to this FREE monthly event!

The 17-piece Ray Simpson Big Band plays the music of the 30s, 40s, and 50s - from swing to jazz.

Mother's Day Tea

Come join us as we celebrate mothers at our Mother's Day Tea. Corte Madera Parks and recreation is hosting a magical tea party with games, crafts and a delicious assortment of traditional tea party snacks and beverages.

There is no better way to begin your Mother's Day celebration! This event is open to boys and girls ages 5 to 12 years old.



Location: Corte Madera Community Center

Code#	Day	Date	Time	Fee/Classes
513	Sat	5/9	11:30-1:30pm	\$25

21st - Senior Fair, See page ??

Seniors, join us for our annual Senior Fair from 2-4pm. A broad range of agencies, service groups and vendors who work to meet the needs of seniors will be on hand to provide information and make presentations. Snacks & drinks provided. Admission is FREE.

JUNE

10th - Ray Simpson Big Band Dance • 8-10pm

Bring the whole family to dance or just listen to this FREE monthly event!

The 17-piece Ray Simpson Big Band plays the music of the 30s, 40s, and 50s - from swing to jazz.

Father's Day BBQ

Come celebrate Father's Day and enjoy some good old fashioned fun. Play games, art activities and some tasty BBQ, with burgers, hot dogs, salads and refreshments. This event is open to boys and girls ages 5 to 12 years old.



Location: Corte Madera Community Center

Code#	Day	Date	Time	Fee/Classes
514	Sat	6/20	12:00-2:30pm	\$25

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Cover photo: Just Dance Academy Class at the NEW Corte Madera Dance and Fitness Studio. See pages 5 & 6.

Photo by Beth Suess

LARKSPUR CLASS REGISTRATION

240 Doherty Drive, Larkspur CA
(415) 927-6746

HOURS: Monday-Thursday: 9am-12pm and 1pm-5pm
Email: lk_recreation@cityoflarkspur.org
cityoflarkspur.org/recreation

LARKSPUR CLASS/TRIP POLICIES

REGISTRATION: Pre-registration and Payment is required for all activities. We cannot hold space in a class or activity unless you have registered and paid. Prorating will be given to join already in-session program, on a case-by-case basis.

WAITING LIST: After all available spaces in a course are filled, individuals are put on a waiting list. If the instructor says it's ok to start registering the waiting list individuals, they must be registered in the order they are on the waiting list.

CONFIRMATION: If you do not get a cancellation phone call from us, then your class will be held.

DEPARTMENT CANCELLATION: If an activity is cancelled by the department, we will notify you as early as we can and a full refund will be issued to each participant. Refunds require 2 weeks to process through the system.

REFUND POLICY: A request for a refund due to withdrawal from a program must be made to the recreation office **a week prior to the start** of the first class. **Refunds are subject to a \$10 service charge.** If a program is cancelled by Larkspur Recreation, a full refund will be issued.

CLASS MAKE-UP: A make-up will be scheduled if the instructor is ill or unable to teach a class during the session. Make up class could not be offered based on personal absence. It is your responsibility to meet all classes as scheduled.

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CORTE MADERA CLASS REGISTRATION

498 Tamalpais Drive, Corte Madera, CA
(415) 927-5072

Hours: Monday-Thursday, 8am- 4:30pm
Email: recreation_dept@tcmmail.org
cmparksandrec.org

CORTE MADERA CLASS/TRIP POLICIES

REGISTRATION: Pre-registration and Payment is required for all activities. We cannot hold space in a class or activity unless you have registered and paid. Sorry, no prorating will be given to join already in-session program.

WAITING LIST: After all available spaces in a course are filled, individuals are put on a waiting list. If the instructor says it's ok to start registering the waiting list individuals, they must be registered in the order they are on the waiting list.

CONFIRMATION: If you do not get a cancellation phone call from us, then your class will be held.

DEPARTMENT CANCELLATION: If an activity is cancelled by the department, we will notify you as early as we can and a full refund will be issued to each participant. Refunds require 2 weeks to process through the system.

REFUND POLICY: Refund will be issued only if cancellation is made **at least one week prior** to the first class. There is a **\$10 cancellation fee**. If cancellation is **less than a week** from class beginning there will be **NO refund**. **Refunds for registrations paid by check cannot be processed until two weeks after date of registration and payment.**

CLASS MAKE-UP: A make-up will be scheduled if the instructor is ill or unable to teach a class during the session. Make up class could not be offered based on personal absence. It is your responsibility to meet all classes as scheduled.

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Just Dance Academy

Just Dance Academy Twinkle Toes (4-5 Years)

This beginning level dance class for preschoolers + kindergarteners includes creative dance with an introduction to classical ballet steps and positions. Twinkle Toes is a fun, playful class for new dancers. The cost of the second session includes costume and participation in our May recital. **No class 2/18, 4/7**

Instructor: Just Dance Academy Staff
Location: CM Dance and Fitness Studio, 518 D Tamalpais Dr.
Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
3150	Tue	1/7-3/10	3:30-4:15pm	\$144/9
3151	Tue	3/17-5/12	3:30-4:15pm	\$208*/8

*Cost of second session included Costume and Recital Fees.

Mini Music

Interactive Music Classes for 0-5 Year Olds and their Parent, Grandparent or Caregiver. From the time the class begins to the sweet closing song, Mini Music is a journey through both upbeat and mellow movements, major and minor song keys and different time signatures and rhythmic rhymes. Led by live musicians, we will sing, play many instruments and dance with props including parachutes, ribbons and scarves. To see schedule, cost and register please visit minimusictime.com, 707-567-8529.

Instructor: Ali and Warren Mann
Location: CM Dance and Fitness Studio, 516 D Tamalpais Dr.
Register at: minimusictime.com

Mon	1/6-3/13	9:30am-10:15am
Thur	1/6-3/13	10:30am-11:15am
Fri	1/6-3/13	11:30am-12:15pm

Story Time for Pre-schoolers

Join us as we read, sing and play together. Fun for the entire family from infants to grandparents.

Instructor: Ruth, Jackie and David
Location: Age-Friendly Intergenerational Center, Corte Madera
Register at: agefriendlycenter.org

Days: Tue/Thur, Ongoing
Time: 10:30-11:00am
Cost: Free

Elite Naach Academy Bacha Beats (2-5 Years)

Music, Dance, and Movement introduction for ages 2-5yrs. Through storytelling, classical technique, and modern music we hope to excite these children with Indian dance and traditions. We hope to instill a long lasting passion for dance in each and every one of our bachas.

Instructor: Enakshi Vyas
Location: CM Dance and Fitness Studio, 518 D Tamalpais Dr.
Register at: DancewithENA.com

Days: Fridays
Time: 3:15-4:00pm



Corte Madera Larkspur Mother's Club

The Corte Madera Larkspur Mother's Club is a friendly and supportive group of parents with young children. We would like to welcome you into our community!

Playgroups

Age and interest-based children's groups.

Educational Programs

Learn about sibling rivalry, infant/child CPR, etc.

In-A-Pinch

Meals brought to your door when you need them the most.

Mom's Nights Out

Leave the kids behind for wine tasting or a mani-pedi.

Club-Wide Family Events

All-Club playdates, FunRuns, Halloween Bash & more

Newsletter

Bi-monthly round-up of club news and fun tips.

Online Community Forum

Discussions on babies sleeping through the night to garner recommendations.

Join us! cmlmc.org

PRESCHOOL

Parent & Me (12m - 2 Years)

Parent & Me is a parent-child pre-soccer and movement program specifically designed for toddlers between 12 and 24 months. Our experienced instructors along with our puppet friends, Mimi & Pepe, take you and your little one through a world of exciting physical activity. Individual attention, positive reinforcement, and engaging original music help to develop pre-soccer, skills that will have your toddler learning to balance, run, kick and play – all while having a blast! T-shirt included. **No class 2/17, 3/16 & 5/25.**

Instructor: Super Soccer Stars Staff
Location: Corte Madera Community Center (Indoors)
Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
	M	1/27	10:05-10:45am	FREE Demo
3002	M	2/3-3/30	10:05-10:45am	\$155/7
3003	M	4/13-6/1	10:05-10:45am	\$155/7

Super Soccer Stars (2-3 Years)

At Super Soccer Stars, it is our goal to teach soccer skills in a fun, non-competitive, educational environment. Our specially designed curricula use positive reinforcement and a low child-to-coach ratio to ensure that each child improves at his or her own rate while having endless fun. Each day's theme will guide participants through engaging activities that will teach soccer skills, build self-confidence, and promote cooperation. **No class 2/17, 3/16 & 5/25.** T-shirt included.

Instructor: Super Soccer Stars Staff
Location: Outfield of Baseball Diamond, Corte Madera
Register at: cmparksandrec.org

Ages 2-3

Code#	Day	Date	Time	Fee/Classes
	M	1/27	10:50-11:30am	FREE Demo
3000	M	2/3-3/30	10:50-11:30am	\$155/7
3001	M	4/13-6/1	10:50-11:30am	\$155/7

Ages 3-5

Code#	Day	Date	Time	Fee/Classes
	M	1/27	9:15-10:00am	FREE Demo
3005	M	2/3-3/30	9:15-10:00am	\$155/7
3006	M	4/13-6/1	9:15-10:00am	\$155/7

Tennis Level 1, Marin Munchkins (4-6 Years)

This course uses special equipment designed for this age group. Students will be introduced to tennis with simple activities and games that produce both fun and early motor skill development. **No class 4/6.**

Instructor: Tennis in Marin Staff
Location: Multiple, See Below
Register at: cmparksandrec.org

Town Park Tennis Courts, Corte Madera

Code#	Day	Date	Time	Fee/Classes
2046	Mon	3/23-5/18	2:30-3:15pm	\$160/9



Ray Simpson Big Band Dance

at the Corte Madera Community Center

*Bring the entire family
to dance or just listen!*

Every 2nd Wednesday of the Month

8-10pm

Corte Madera Community Center
498 Tamalpais Drive

January 8, February 12, March 11, April 8, May 13,
June 10, July 8, September 9, October 14,
November 11 & December 9

The Corte Madera Dance & Fitness Studio

The Town of Corte Madera presents the Corte Madera Dance & Fitness Studio, a beautiful mirror- and sun-filled studio located in the Madera Plaza, 518 D Tamalpais Dr., next to PetCo.

Just Dance Academy Classes in Corte Madera

Just Dance Academy is one of Marin County's longest running dance studios for a reason. The new location is in walking distance from Neil Cummins School! Just Dance has been in operation in Marin County for over 27 years and provides recreational and intensive dance training. JDA takes pride in offering high level dance instruction to students, as well as teaching kindness, teamwork, and discipline, all in a fun environment!

Classes are offered for students beginning at age 4 in Ballet, Jazz, Tap, Hip Hop, Lyrical/Contemporary and Bollywood. The Academy produces several performances per year and offers a dance competition program as well as specialty dance workshops. Their main studio is on 4th street in San Rafael. **The Corte Madera Recreation Department has partnered with Just Dance to bring these amazing classes to you.**



Just Dance Academy

Just Dance Academy Twinkle Toes (4-5 Years)

This beginning level dance class for preschoolers + kindergarteners includes creative dance with an introduction to classical ballet steps and positions. Twinkle Toes is a fun, playful class for new dancers. The cost of the second session includes costume and participation in our May recital. **No class 2/18, 4/7.**

Instructor: Just Dance Academy Staff
Location: CM Dance and Fitness Studio, 518 D Tamalpais Dr.
Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
3150	Tue	1/7-3/10	3:30-4:15pm	\$144/9
3151	Tue	3/17-5/12	3:30-4:15pm	\$208*/8

* Cost of second session includes Costume and Recital Fees

Just Dance Academy Ballet 1 (8-10 Years)

This class is suitable for beginners as well as students with some dance experience. Students will learn barre and center exercises, gaining a foundation to classical ballet. **No class 2/18, 4/7.**

Instructor: Just Dance Academy Staff
Location: CM Dance and Fitness Studio, 518 D Tamalpais Dr.
Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
3153	Tue	1/7-3/10	4:15-5:00pm	\$144/9
3152	Tue	3/17-5/12	4:15-5:00pm	\$208*/8

* Cost of second session includes Costume and Recital Fees



Just Dance Academy

Just Dance Academy Jazz 1 (8-10 Years)

This class is suitable for beginners as well as students with some dance experience. Students will learn classic jazz steps and technique in this fun class with the latest kid-friendly pop music! Routine to be learned and performance included in Session 2, Saturday May 16th at 2pm. **No class 2/18, 4/7.**

Instructor: Just Dance Academy Staff
Location: CM Dance and Fitness Studio, 518 D Tamalpais Dr.
Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
3514	Tue	1/7-3/10	5:00-5:45pm	\$144/9
3515	Tue	3/17-5/12	5:00-5:45pm	\$208*/8

* Cost of second session includes Costume and Recital Fees

YOUTH - DANCE

Just Dance Academy Teen Jazz (12-15 Years)

One of our most popular classes, Teen Jazz is a fun, high-energy class where students will begin with stretching then learn jazz technique across the floor. Session 2 concludes with a recital on Saturday May 16th at 2pm. **No class 2/20, 4/9.**

Instructor: Just Dance Academy Staff
Location: CM Dance and Fitness Studio, 518 D Tamalpais Dr.
Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
3520	Thur	1/9-3/12	5:30-6:15pm	\$144/9
3521	Thur	3/19-5/14	5:30-6:15pm	\$208*/8

* Cost of second session includes Costume and Recital Fees



Just Dance Academy

Just Dance Academy Contemporary Lyrical

Drawing from ballet, modern, and jazz, this class is a fun introduction to contemporary-style movement. Students will enjoy a warm-up followed by combinations in the center as well as learn improvisational techniques. Session 2 concludes with a recital on Saturday May 16th 2pm. **No class 2/20, 4/9.**

Instructor: Just Dance Academy Staff
Location: CM Dance and Fitness Studio, 518 D Tamalpais Dr.
Register at: cmparksandrec.org

Ages 9-11

Code#	Day	Date	Time	Fee/Classes
3516	Thur	1/9-3/12	4:00-4:45pm	\$144/9
3517	Thur	3/19-5/14	4:00-4:45pm	\$208*/8

Ages 12-15

Code#	Day	Date	Time	Fee/Classes
3518	Thur	1/9-3/12	4:45-5:30pm	\$144/9
3519	Thur	3/19-5/14	4:45-5:30pm	\$208*/8

* Cost of second session includes Costume and Recital Fees

Partner Dancing For Students

Two-hour workshop to introduce youngsters to partner dancing – if you can walk, you can dance – to any tune or tempo. With Glinka's original and unique approach, you'll be dancing out the door.

Instructor: Cynthia Glinka
Location: CM Dance and Fitness Studio, 518 D Tamalpais Dr.
Register at: dancewithglinka.com

Elite Naach Academy Bollywood I

Dancers will be introduced to the basic technique, fundamental steps, and styles used in Bollywood dance. There will be an emphasis on posture, alignment, strength, flexibility, and coordination. Gaining self confidence is a primary focus of this level. Ages 5-8.

Instructor: Enakshi Vyas
Location: CM Dance and Fitness Studio, 518 D Tamalpais Dr.
Register at: DancewithENA.com

Days: Wednesdays
Time: 3:30-4:15pm

Elite Naach Academy Bollywood II, Bollywood III, Adult Bollywood & Bollywood Boot Camp

Intermediate/advanced class consisting of intricate steps and choreography along with a greater emphasis on the performance aspect of dance.

Instructor: Enakshi Vyas
Location: CM Dance and Fitness Studio, 518 D Tamalpais Dr.
Register at: DancewithENA.com

Days: Available on Website
Time: Available on Website



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LEO GIRALDI TENNIS AT LARKSPUR'S PIPER PARK

Winter/Spring 2020 TENNIS

All classes taught by LG Tennis staff. Minimum of 3 players or 2 paying for 3. Drop-in fee is \$30 for 1 1/2H classes, \$25 for 1H classes, \$15 for 1/2H classes, limited to space available, no refund for missed classes.

Junior Tennis (11-14 Years) Beginners/Semi-Beginners, Green Ball

This class offers girls and boys age 11 to 14 the opportunity to learn sound fundamentals of the game, including groundstrokes, serves, returns, net play techniques, basic strategy and rules of tennis with the goal of preparing them to eventually join the Junior Tennis Team. **No class 1/20, 4/6 & 5/25.**

Instructor: LG Tennis Staff
Location: Piper Park, Larkspur
Register at: cityoflarkspur.org/recreation

Code#	Day	Date	Time	Fee/Classes
2401	Mon	1/6-02/3	4:00-5:00pm	\$93/4
2402	Mon	3/2-06/1	4:00-5:00pm	\$269/12

USTA Junior Tennis Team Practice 14U/Yellow Ball (12-14 Years)

USTA Junior Tennis Team offers girls and boys age 12 to 14 the opportunity to play on teams in local leagues that emphasize fun, fitness and friends. Teams have the opportunity to advance to Area, Section, State and National Championships! 5 reg. min to make it a go. Must not turn 15 before 05/31. 2 days program, does not include USTA membership and/or League registration fees. Min/Max:5/16 but coach will select top 8 players that have registered. **No class 4/7 & 4/10.**

Instructor: LG Tennis Staff
Location: Piper Park, Larkspur
Register at: cityoflarkspur.org/recreation

Code#	Day	Date	Time	Fee/Classes
2403	Tue	3/3-5/26	4:00-5:30pm	\$485/12
2404	Fri	3/06-5/29	4:00-5:30pm	\$485/12

Quickstart #1 (5-6 Years)

Children will enjoy the experience of hitting balls back and forth in a safe environment. Emphasis is on passing, rolling, tossing or throwing the ball. Students will learn how to rally a ball over low net using a red foam or red low compression felt ball that moves slower, bounces lower and travels less distance for immediate enjoyment of real tennis. **No class 4/8.**

Instructor: LG Tennis Staff
Location: Piper Park, Larkspur
Register at: cityoflarkspur.org/recreation

Code#	Day	Date	Time	Fee/Classes
2405	Wed	1/8-2/5	1:45-2:15pm	\$80/5
2406	Wed	3/4-4/15	1:45-2:15pm	\$95/6
2407	Wed	4/22-5/27	1:45-2:15pm	\$95/6

Quickstart #2 (7-8 Years)

Emphasis for this age group is on rally skills using both forehand and backhand ground strokes. Students will be taught other skills needed to play a complete game of tennis including serves and returns of serve as well as learn simple tactics and introduction to rules of tennis. Red low compression felt ball will be used for adjusted striking zone adapted to their height in order to hit over the net with consistency. **No class 4/8.**

Instructor: LG Tennis Staff
Location: Piper Park, Larkspur
Register at: cityoflarkspur.org/recreation

Code#	Day	Date	Time	Fee/Classes
2408	Wed	1/8-2/5	2:15-3:15pm	\$115/5
2409	Wed	3/4-5/27	2:15-3:15pm	\$269/12

Quickstart #3 (9-10 Years)

Students will learn the basics of a rally by using forehand and backhand ground strokes. Overhand serve will be introduced and the return of serve is emphasized as well as volley, approach shot and overhead skill. Understanding singles and doubles play, develop the tactics for different playing situations, shot selection and court positioning will be covered as well. Orange low compression felt ball that moves a little faster and travels farther but still has a lower bounce than the yellow ball will be used for adapted development of the students' tennis skills. **No class 4/8.**

Instructor: LG Tennis Staff
Location: Piper Park, Larkspur
Register at: cityoflarkspur.org/recreation

Code#	Day	Date	Time	Fee/Classes
2410	Wed	1/5-2/5	3:15-4:15pm	\$115/5
2411	Wed	3/4-5/27	3:15-4:15pm	\$269/12

USTA Junior Tennis Team Practice 12U Green Ball (10-12 Years)

USTA Junior Tennis Team offers girls and boys age 10 to 12 the opportunity to play on teams in local leagues that emphasize fun, fitness and friends. Teams have the opportunity to advance to Area, Section, State and National Championships! 5 reg. min to make it a go. Must not turn 13 before 05/31. Includes Wed practice & Fri matches. Does not include USTA membership and/or League registration fees. Min/Max: 5/8. *If less than 5 kids, cost will be \$269 for Wed class only. **No class 4/8, 4/12.**

Instructor: LG Tennis Staff
Location: Piper Park, Larkspur
Register at: cityoflarkspur.org/recreation

Code#	Day	Date	Time	Fee/Classes
2412	Wed	3/4-5/27	4:15-5:15pm	\$395/12
2413	Fri	3/8-5/31	4:15-5:15pm	\$395/12

TENNIS IN MARIN AT CORTE MADERA TOWN PARK



Tennis Level 1, Marin Munchkins (4-6 Years)

This course uses special equipment designed for this age group. Students will be introduced to tennis with simple activities and games that produce both fun and early motor skill development. **No class 4/6.**

Instructor: Tennis in Marin Staff
Location: Town Park Tennis Courts, Corte Madera
Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
2046	Mon	3/23-5/18	2:30-3:15pm	\$160/8

Tennis Level 2, Marin Stars (7-10 Years)

Join the new team sport in town! If you are between the ages of 7-10, Corte Madera Junior Tennis League is the team to join! Using the quickstart play format, kids are immediately introduced to the game and learn to rally the ball the first time they step on the court. Beginners welcome! **No class 4/6, 4/10.**

Instructor: Tennis in Marin Staff
Location: Town Park Tennis Courts, Corte Madera
Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
2051	Mon	3/23-5/18	3:15-4:45pm	\$240/8
2052	Fri	3/27-5/29	3:15-4:45pm	\$270/9

Tennis Level 2, Marin Stars (11-14 Years)

This course places emphasis on stroke development using movement drills, games, and fun activities. Positive attitude and sportsmanship are addressed. **No class 4/10.**

Instructor: Tennis in Marin Staff
Location: Town Park Tennis Courts, Corte Madera
Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
2055	Fri	3/27-5/29	4:45-6:15pm	\$240/9

Spring Break Tennis Camp (4-6 Years)

Instructor: Staff
Location: Town Park Tennis Courts, Corte Madera
Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
1072	Mon-Fri	4/6-4/10	1:00-1:45am	\$75/5

Spring Break Tennis Camp (7-11 Years)

Instructor: Staff
Location: Town Park Tennis Courts, Corte Madera
Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
1073	Mon-Fri	4/6-4/10	1:45-2:45am	\$75/5

Parent & Me (12m - 2 Years)

Parent & Me is a parent-child pre-soccer and movement program specifically designed for toddlers between 12 and 24 months. Our experienced instructors along with our puppet friends, Mimi & Pepe, take you and your little one through a world of exciting physical activity. Individual attention, positive reinforcement, and engaging original music help to develop pre-soccer, skills that will have your toddler learning to balance, run, kick and play – all while having a blast! T-shirt included. **No class 2/17, 3/16 & 5/25.**

Instructor: Super Soccer Stars Staff
Location: Corte Madera Community Center (Indoors)
Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
	M	1/27	10:05-10:45am	FREE Demo
3002	M	2/3-3/30	10:05-10:45am	\$155/7
3003	M	4/13-6/1	10:05-10:45am	\$155/7

YOUTH - SPORTS

Kids Capoeira (5-10 Years)

Capoeira is a unique martial art that offers countless benefits to children with respect to both physical and mental development. By incorporating body movement, percussion, music and singing, Capoeira helps develop balance, coordination, fitness, flexibility, and rhythm. We know from years of experience that capoeira is a powerful way to teach young people valuable life skills—confidence, leadership, goal-setting, teamwork, cooperation, and respect—that can lead to a lifetime of good health and civic involvement. Capoeira is truly a holistic approach to youth development. Capoeira also builds social skills, a sense of community and self esteem through creative expression. Graduation Ceremony will be on June 7th, 2020 at 11AM - 1:30PM in Corte Madera at Neil Cummins Gym. For more information about our organization and instructors bios please visit abadamarin.org. **No class 1/20, 2/17, 4/6, 5/25.**

Instructor: Lisa Silva or Diego Freitas
Location: Corte Madera Community Center
Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
2063	Mon	1/13-3/23	5:00-6:00pm	\$144/9
2064	Mon	3/20-6/1	5:00-6:00pm	\$130/8

TGA Premier Junior Golf (5-10 Years)

TGA Premier Junior Golf is the # 1 program to introduce, teach, and engage children in the game of golf, learning life skills along the way. We use the game of golf as a method to develop your child's hand-eye coordination & improve motor skills. Your child will also learn and use golf in other educational areas, such as math, English, science and history. Our enthusiastic instructors provide a proven curriculum filled with instruction, drills, and fun games, with a ratio of no more than 8 children per instructor. We use a safe golf ball and all equipment is provided. Every student gets personal attention, a TGA golf hat, & awards for achievement. Classes grouped by age. For more information visit playtga.com/northbay or call (415) 599-9478. **No class 1/20, 2/17.**

Instructor: TGA Staff
Location: Town Park, Corte Madera
Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
2060	Mon	1/13-3/9	3:15-4:15pm	\$185/7



Super Soccer Stars (2-5 Years)

Instructor: Super Soccer Stars Staff
Location: Outfield of Baseball Diamond, Corte Madera Town Park
Register at: cmparksandrec.org

Ages 2-3

Code#	Day	Date	Time	Fee/Classes
	Mon	1/27	10:50-11:30am	FREE Demo
3000	Mon	2/3-3/30	10:50-11:30am	\$155/7
3001	Mon	4/13-6/1	10:50-11:30am	\$155/7

Ages 3-5

Code#	Day	Date	Time	Fee/Classes
	Mon	1/27	9:15-10:00am	FREE Demo
3005	Mon	2/3-3/30	9:15-10:00am	\$155/7
3006	Mon	4/13-6/1	9:15-10:00am	\$155/7

U9-U13 Clinic 2020 - Spring Soccer Clinic

Corte Madera FC is pleased to offer a series of weekday soccer training clinics, open to players who wish to sharpen their skills and get touches on the ball during the spring months. **No class 4/6, 4/7, 4/8, 4/9.**

Instructor: Corte Madera Football Club (FC) Staff
Location: Town Park, Corte Madera
Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
3300	Mon-Thur	3/2-4/30	3:30-5:00pm	\$275/32

U8 Clinic 2020 (Born in 2013) - Spring Soccer Clinic

Corte Madera FC is pleased to offer a series of weekday soccer training clinics, open to players who wish to sharpen their skills and get touches on the ball during the spring months. **No class 4/10.**

Instructor: Corte Madera Football Club (FC) Staff
Location: Town Park, Corte Madera
Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
3302	Fri	3/6-5/1	3:30-5:00pm	\$175/8

Corte Madera FC Recreational Soccer (Boys & Girls: K-4th Grade: \$235 per player) (Boys & Girls: 5th-12th Grade: \$285 per player)

Registration April 15th through June 13th

Players that are registered after June 20th will be waitlisted!
After June 20th, k-4th is \$265, Rec Misa 5th-12th is \$315

Our recreational soccer league is for kids who are interested in a fun and semicompetitive environment. The eight-week season begins in late August with weekly Saturday games beginning on September 12th.

2020 Competitive Tryouts TBD
2019 Tryouts will be held at Town Park.
More Information to come!

Competitive Soccer

Our competitive program offers local youth an opportunity to play a high level of soccer in their own community. In its fifth year, Corte Madera FC teams play in the NorCal Premier League. Professional trainers run weekday practices and parent-coaches coach the weekend games and tournaments. This program is a significant commitment and is for players looking to pursue a more competitive level of play.

Birth Year

Boys/Girls U-8.....	2012
Boys/Girls U-9.....	2011
Boys/Girls U-10.....	2010
Boys/Girls U-11.....	2009
Boys/Girls U-12.....	2008
Boys/Girls U-13.....	2007
Boys/Girl U-14.....	2006

Swimming-Tidalwaves

The Tidalwaves Swim Team is dedicated to providing access to the sport of swimming and a high quality competitive experience for members of our community to develop self-esteem, swimming skills, sportsmanship, and a strong sense of team spirit and achievement. We are open to swimmers of ALL ABILITIES ages 5-18 and are part of the Marin Swim League (a league of 10 community teams within Marin County). The Spring/Summer program is run primarily at Redwood High School from late February through mid July, (an 8 & Under practice group is run at College of Marin, Kentfield as well). All practices are run by professional coaches. Parent volunteer commitment is required to run team events and meets. Its fun for the whole family! There's no better way for kids to become, strong, competent swimmers and build lifelong friendships in the process. More details for our 2018 Spring Season, as well as our Fall and Winter swim programs are available online at gowaves.com. Head Coach Marie McSweeney is also available to answer questions about your child's readiness for the team at mariemcswim@yahoo.com or 415-453-9563.

Instructor: Tidalwaves Staff
Location: Redwood High School Pool / College of Marin Pool
Register at: (415) 453-9563

Learn Swordplay

This class was hugely popular at Super Cool Summer School!

Learn friendly and competitive swordfighting. We will start with duels and advance to full field battle games that will include objectives and special rules. We will practice focus and discipline in learning moves reminiscent of fencing such as blocks, strikes, and stances. Participants can choose a name and character that represents them, or they can just enjoy learning the battle techniques and strategies. The class is based on Belegarth, an international sport that prioritizes safety, playability, and role-playing. Like traditional sport teams, Belegarth groups can have themes and symbols. The swords and shields are all handcrafted by Gorgtech and are constructed with soft, light, and durable foam. **No class 2/18.**

OLDER CLASS will work on advanced techniques and tactics.

SAFETY REQUIREMENTS: All players must have decent impulse control, a good attitude, and the ability to stop when commanded to do so. Kids are encouraged to bring and wear protective gloves such as bike or lacrosse - mainly to protect from blisters but sometimes strikes.

Instructor: Whitney Brizendine
Location: Corte Madera Community Center
Register at: cmparksandrec.org

Age 6-8

Code#	Day	Date	Time	Fee/Classes
4000	Tue	1/28-3/31	3:00-4:00pm	\$126/9
4001	Tue	4/14-6/9	3:00-4:00pm	\$126/9

Age 7-12

Code#	Day	Date	Time	Fee/Classes
4002	Tue	1/28-3/31	4:00-5:00pm	\$126/9
4003	Tue	4/14-6/9	4:00-5:00pm	\$126/9



Learn Swordplay

Aikido Kids of Tamalpais

Aikido Kids of Tamalpais (AKT) is an empowering, fun, and enriching after-school martial arts program. A dojo is a multi-age, multi-rank, multi-dimensional learning environment. In an atmosphere that is supportive, safe, yet challenging, kids have fun practicing how to focus and build their attention span, become flexible in motion, increase mindfulness, and learn to problem-solve authentically yet peacefully. Children learn how to roll and fall safely, how to quicken their response time, gain impulse control, as well as learn to embody quieting skills. In Aikido training kids learn how to shift from a reactive way of being to a responsive way of being. The most effective way to learn is to be relaxed, feel safe, and have a good time while being passionately involved. **INSTRUCTOR:** Chief Instructor Dolano Arthur Sensei, has been training Aikido for over 29 years and holds the rank of 3rd degree black belt. Dolano Sensei is the founder of Aikido Kids of Tamalpais which serves students ages 4-17 years of age. Dolano has been a supporting staff member at Marin Academy High School, and Del Mar Middle School. In addition she has implemented Peace Coaching Programs at the elementary and middle school levels. Sensei's focus in these programs is on helping children to advocate for themselves and each other in bully prevention and positive leadership models.

Instructor: Dolano Arthur Sensei
Location: 2 Tamalpais Dr, Corte Madera, CA 94925
Register at: cmparksandrec.org

Amazing Science!

Join Amazing Science - the widest range of STEM, STEAM and science activities - and the most experienced science teachers - in any Marin enrichment program!

TOPICS PLANNED FOR WINTER 2020: Air Pressure and Vacuums; Bat Basics; Bat Ears; Buoyancy; Endothermic and Exothermic; Honey Bees; Detective Science 1; and more!

It's not too late to join the Winter session of Amazing Science!

Join now and pay only for the remaining classes!!

TOPICS PLANNED FOR SPRING 2020*: Carnivorous Plants; Detective Science 2; DNA and Natural Selection; Food Chemistry; Mirrors; Polymers; Weather Drivers; Wild Chemistry; Scientific Method.

Amazing Science students improve critical thinking skills and general science knowledge through a wide variety of kid-pleasing science experiments, hands-on activities, and demonstrations – in scientific subjects such as chemistry, physics, geology, biology, engineering, and more; with over 130 lessons, our teachers can inspire love of learning and science in your child for years, with new lessons and topics!

*All individual lesson topics subject to change. Please alert us to any special considerations for your student(s).

No class Dec. 24, 31, Feb. 18.

Instructor: Amazing Science Staff
Location: Multiple Locations. See below.
Register at: See Below

Bacich Elementary, Grade 1st-2nd.

Register at: cityoflarkspur.org/recreation

Code#	Day	Date	Time	Fee/Grades
895	Wed	1/8-3/18	12:15-1:30pm	\$269/1-2
896	Wed	4/15-6/3	12:15-1:30pm	\$205/1-2

Neil Cummins Classroom, Grade K

Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
2315	Tue	4/14-6/2	2:00-2:50pm	\$205/8

Neil Cummins Classroom, Grade 1st-3rd

Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
2316	Tue	4/14-6/2	2:55-3:55pm	\$205/8

The Cove School Classroom, Grades 1st-3rd

Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
2327	Tue	4/14-6/2	3:05-4:05pm	\$205/8



Amazing Science



Art Class - Creative Color Explosion! (1-5th Grade)

Students will explore a variety of media including vibrant liquid watercolors, bright acrylics, neon pastels, in colorful, fun, creative, art projects each week. We will work in an art studio environment where taking creative risks, getting messy, and exploring materials and style are highly encouraged and supported. There may or may not be rainbows involved! We will post our work in an online art gallery. **No class 2/20.**

Instructor: Liza Matthews

Location: Neil Cummins School, Room C1, Corte Madera

Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
3116	Thur	1/16-2/27	2:50-4:15pm	\$195/6

Art with Harry (1st to 5th Grade)

Students will explore fine art basics in several media, including watercolor, pencil, pen, markers, polymer clay (Sculpey), and Model Magic. We will learn to draw and paint landscapes, portraits, Manga comic art, cartoons, and to bring imagined subjects to life. All levels of skill and experience welcome.

No class 5/25.

Instructor: Harry Simpson

Location: Multiple locations, see below

Register at: cmparksandrec.org

Neil Cummins School Classroom

Code#	Day	Date	Time	Fee/Classes
2113	Mon	4/20-6/1	3:10-4:10pm	\$140/6

Chess For Kids (K-5th Grade)

Awaken your child's inner genius through chess where s/he will learn to focus and concentrate, observe, plan and think critically before acting, patience, thoughtfulness, to visualize and consider the bigger (strategic) picture, establish long-range goals and to broaden their decision-making criteria, to look beyond their own ideas and consider others' plans, to learn from mistakes and to view them as part of the learning process, be creative and to show good sportsmanship and respect for others all while having fun!

Our former students are currently attending/have graduated from Stanford, Harvard, UC Berkeley, Yale, Princeton and MIT to name a few. We help prepare them for life experiences through the broader applications of what they learn while studying chess. Includes a Marin Scholastic Chess T-shirt for first time students!

Lanette and Jeff Gordon of Marin Scholastic Chess have taught chess in Marin for over twenty years and have created more than 350 lessons. They organize the Marin County Scholastic Chess Championship for any child K-8 who resides or goes to school in Marin. They also host an end of the school year tournament for all their students. They coach school chess teams that have won numerous state championships. If you have questions write to marinchess@comcast.net.

No classes on school holidays and conference days.

Instructors: Lanette Chan-Gordon and Jeff Gordon

Location: Multiple locations, see below

Register at: cmparksandrec.org

Neil Cummins School Classroom

Code#	Day	Date	Time	Fee/Classes
2023	Wed	1/8-3/18	1:35-2:35pm	\$230/10
2024	Wed	3/25-6/3	1:35-2:35pm	\$230/10

The Cove School Classroom

Code#	Day	Date	Time	Fee/Classes
2025	Fri	1/10-3/20	3:05-4:05pm	\$230/10
2026	Fri	3/27-6/5	3:05-4:05pm	\$230/10

Dungeoneering: an Intro to DnD

A creative outlet is very important for any child's growth. I aim to teach the world's greatest role-playing game, Dungeons & Dragons, to help kids discover a new, healthy, and collaborative way to explore their creative side. We will learn the game, paint figurines called 'miniatures,' and craft original and exciting narratives to build the fantastical worlds in which our adventures will take place; the possibilities are endless.

Instructor: Anthony Gordon

Location: Larkspur Recreation Community Room

Register: cityoflarkspur.org/recreation

Code#	Day	Date	Time	Fee/Classes
904	Mon	1/13-3/30	3:30-4:30pm	\$100

Fine Motor Skills (K-1st Grade)

Does your child need more experience, time, and instruction with developing fine motor skills (accurate scissors work and handwriting)? This class will support students in developing their fine motor skills with a variety of scissor/art projects and handwriting activities, all in a supportive, fun, morning environment.

Instructor: Liza Matthews

Location: Neil Cummins School, Room C1, Corte Madera

Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
3115	Tue/Thur	1/7-2/13	7:40-8:05am	\$180/12

Girls' Force Leadership Art Project (7-10 Years)

Girls' Force Leadership experiential workshops provide girls with tools to become tenacious, centered, and resilient leaders in a vibrant and nurturing environment. Each lesson is synced with an art project. The curriculum emphasizes developing a Growth Mindset and public speaking.

Girls will learn:

- Key traits of leadership from influential women in history, S.T.E.A.M., and various industries
- How to stand-up for them self and their peers
- How to be a leader
- Inner strength & individuality

No class 1/20, 1/29, 2/3, 2/5, 2/17, 2/19, 3/16.

Basich Elementary

Register at: cityoflarkspur.org/recreation

Code#	Day	Date	Time	Fee/Grades
897	Thur	1/16-4/9	2:55-4:00pm	\$300

Neil Cummins Classroom

Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
1005	Mon	1/6-3/23	3:05pm-4:15pm	\$280/8

The Cove School Classroom

Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
1006	Wed	1/8-3/18	1:35pm-2:45pm	\$280/8

Hall Homework Club

The Homework Club is an educational enrichment opportunity for students who need a little extra time and support in their homework. The homework club will be offered Tuesdays after school weekly in room 602 at Hall Middle School. Seanessy Gavin is an education specialist and teacher who has worked at Hall Middle School for five years in 6th, 7th and 8th grade levels. Working as an education specialist gives her a unique perspective of being familiar with many of the assignments across all grade levels. Sign up for the homework club monthly or come drop in as needed to get homework assistance!

Instructor: Seanessy Gavin

Location: Hall Middle School, Larkspur

Register at: cityoflarkspur.org/recreation

Juggling (3-5th Grade)

Learn to juggle! I'll break it down, step by step. It's fun, great for focus and attention, and it's a wonderful lifelong skill! **Please bring 3 round bean bags to the first class.**

Instructor: Liza Matthews

Location: Neil Cummins School, Room C1, Corte Madera

Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
3117	Wed	1/8-1/29	7:40-8:05am	\$95/4



MagiKids

MagiKids Course in Magic for Kids

Seeing a magician perform is a chance to experience the wonders of magic. Performing magic allows your child to become the life of the party and give your family and friends something wonderful to remember. Most of all, your child will enjoy amazing everyone.

Magic is an ancient art, international language and an incredible world unto its own. Paula Ramsey brings that world forward with her MagiKids' Course in Magic. This is a pleasure and a gift your child will have and be able to give for a lifetime. INSTRUCTOR: Paula Ramsey has been a Bay Area magician for over 25 years. She is a member of the IBM, SAM, and the prestigious Academy of Magical Arts (Magic Castle of Hollywood).

Known for her humor and ability to connect with all ages, Paula has performed for many celebrities and taken her show all over the world. Teaching children has been the highlight of her career and joy in her life.

PLEASE NOTE: Our MagiKids instructor is a working professional, and from time to time she does cancel classes on short notice for performances. Phone calls and emails will be made as soon as we are made aware of the cancellation. Make-up classes will be offered. Ages 7-10.

In this class, students will learn to:

- “think outside the box”
- invent and adapt their own tricks and routines
- learn about the exciting history and evolution of magic
- increase their motor and eye-hand coordination
- develop their self-esteem and public speaking/acting abilities

Students will learn tricks with everyday objects, cards, coins, ropes and much more. Note: There is a \$10 materials fee to be paid to the instructor at the first class. **No class 2/4, 2/5, 2/18, 2/19, 4/7, 4/8.**

Instructor: Paula Ramsey
Location: Multiple, See Below
Register at: cmparksandrec.org

The Cove School Classroom

Code#	Day	Date	Time	Fee/Classes
2040	Tue	1/7-3/10	3:10-4:10pm	\$135/8
2041	Tue	3/24-6/2	3:10-4:10pm	\$170/10

Neil Cummins Classroom

Code#	Day	Date	Time	Fee/Classes
2043	Wed	1/8-3/11	1:40-2:40pm	\$135/8
2044	Wed	3/25-6/3	1:40-2:40pm	\$170/10

Marin Girls Chorus

Marin Girls Chorus empowers girls to find and use their voices through exceptional music education and the joy of collaborative singing. By creating an inclusive and diverse environment, we provide a stage for our singers to build confidence, community, and a strong sense of self through practice, performance, and friendships that last a lifetime. Makeup rehearsals offered for school closures, holidays, and sick days at other locations. **No class Jan 20, Feb 5, 17, 19, April 6, 8.**

Instructor: MCG Staff
Location: Multiple, see below
Register at: marinchorus.org or cmparksandrec.org

NEW SINGERS

Corte Madera Community Center K-1st

Code#	Day	Date	Time	Fee
3020	Mon	1/13-4/27	3:45-4:30pm	\$500/13

Corte Madera Community Center 2nd-3rd

Code#	Day	Date	Time	Fee
3029	Mon	1/13-5/4	4:45-5:45pm	\$510/14

The Cove K-1st

Code#	Day	Date	Time	Fee
3022 NS	Wed	1/15-4/29	1:20-2:05pm	\$500/13

The Cove 2nd-3rd

Code#	Day	Date	Time	Fee
3023 NS	Wed	1/15-4/29	2:00-3:00pm	\$510/13

RETURNING SINGERS

Corte Madera Community Center K-1st

Code#	Day	Date	Time	Fee
3031 RS	Mon	1/13-4/27	3:45-4:30pm	\$450/13

Corte Madera Community Center 2nd-3rd

Code#	Day	Date	Time	Fee
3029 RS	Mon	1/13-5/4	4:45-5:45pm	\$460/14

The Cove K-1st

Code#	Day	Date	Time	Fee
3022	Wed	1/15-4/29	1:20-2:05pm	\$450/13

The Cove 2nd-3rd

Code#	Day	Date	Time	Fee
3023	Wed	1/15-4/29	2:00-3:00pm	\$460/13

YOUTH

Yoga for Kids (Ages 6-10)

I teach my classes in a fun way so the children have a great time while they are exercising their body and their mind. It's filled with music, stories, games and yoga poses. I also use balancing boards, shakers and other educational tools to help the children with their sensory regulation and body awareness development.

Instructor: Goncalves de Souza

Location: Neil Cummins School, Corte Madera

Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
1072	Mon	1/7-3/4	3:05pm-3:45pm	\$112/7
1073	Mon	3/18-5/6	3:05pm-3:45pm	\$112/7

Super Cool Summer School 2020

We are putting an exciting array of fun classes for this summer! Registration will begin in late February. Check our website for up to date information beginning in January.

Session I: June 15-26

Session II: June 29-July 10

Super Cool Summer School Aide Program

Students entering 8th grade in the Fall are eligible to volunteer as an Aide for Super Cool Summer School. Students entering 9th grade are eligible to volunteer and earn a stipend. Applicants will go through an application and interview process as part of the experience. Check the Super Cool Summer School website in late February for more info.

Summer Playground Corte Madera (5-12 Years)

Summer Playground is an 8 week summer program designed for children ages 5-12. At every hour, we host a different art, sport, and game to encourage diversity in our camper's daily schedules. For nearly 40 years, Corte Madera Parks & Recreation has offered this program which is both convenient and fun, while maintaining a low cost. After another successful summer, we are proud to be back again this year. We are open Monday-Friday, 6/22-8/14 from 7:30-6:30pm. We hope to see you next summer! Registration begins March 14th. Check back in January for more information.

Instructor: Xanet Rodriguez and SPG Staff

Location: Corte Madera Town Community Center

Register at: cmprsummerpark&playground.org or cmparksandrec.org



Skateboarding (NEW INSTRUCTOR!)

Jeremy Boucher, a nationally competitive skateboarder, brings an inclusive and patient atmosphere to children who want to learn how to skateboard. Students will learn the fundamentals of skateboarding using the skate park at the Corte Madera Recreation Center. Children will learn in a safe environment the basics of skateboarding and more, such as their correct stance, pushing, how to drop in on a ramp, kick turn, and Ollie, as well skate park etiquette. **There is a 7 person limit on the class - so sign-up soon!**

REQUIRED EQUIPMENT NEEDED: Bring your own helmet, pads and skateboard. No Penny Boards allowed.

Instructor: Jeremy Boucher

Location: Skate Park in Corte Madera town Park

Code#	Day	Date	Time	Fee/Grades
2075	Thurs	4/16-5/28	3:30-4:20pm	\$165/K-3
2076	Thurs	4/16-5/28	4:35-5:35pm	\$165/4-7

See Skateboard Park Rules on page ??.

Summer Playground Counselor In Training (C.I.T)

The fun doesn't stop once you turn 13! This program is for ages 13-15. At Corte Madera Parks & Recreation, we offer our Counselor in training program, where teens from ages 13-15 not only learn what it takes to become a camp counselor but also how to work in a team environment alongside people of all ages. CITs help our counselors with daily tasks and are an integral part in keeping Summer Playground running smoothly. CITs do not get paid, but instead earn valuable community service hours that fulfill many requirements for schools and even college applications! Applications available March 14th. Dates TBA, during the week before Summer Playground begins. Check back in January for more information.

Instructor: Corte Madera Summer Playground Staff

Location: Corte Madera Town and Community Center

Register at: cmprsummerplayground.org

**REGISTRATION OPENS ON MONDAY,
DECEMBER 2ND AT 10:00AM**

Checkmate Chess

Develop your critical thinking and problem-solving skills while having fun! Learn how to move the various pieces and basic and intermediate strategy of this fascinating game. The class period generally consists of instruction and supervised play. Competitive matches and tournaments will take place near session's end. For Bacich Elementary students only.

Instructor: Dan Trimbach

Location: Bacich Elementary

Register at: cityoflarkspur.org/recreation

Code#	Day	Date	Time	Fee/Grades
881	Mon	1/13-4/20	2:20-3:20pm	\$288/1-2
882	Mon	1/13-4/20	2:55-3:45pm	\$288/3-4

Drawing, Painting, Sculpting

Students will explore art basics in several media, including watercolor, pencil, charcoal, and clay. Learn to draw landscapes, portraiture, still life, and bring imagined subjects to life. All levels of skill and experience welcome. Classes for Bacich Elementary students only.

Instructor: Harry Simpson

Location: Bacich Elementary

Register at: cityoflarkspur.org/recreation

Code#	Day	Date	Time	Fee/Grades
885	Tue	1/14-3/10	2:20-3:20pm	\$185/1-2
886	Wed	1/15-3/11	12:30-2:00pm	\$270/3-4
887	Tue	4/21-6/2	2:20-3:20pm	\$160/1-2
888	Wed	4/22-6/3	12:30-2:00pm	\$210/3-4

Oven Baked Clay

In this FUN class students will use polymer clay to make amazing creations.

Imaginations go wild as students decide what to make: tiny creatures and miniatures of any kind including food, robots, unicorns, monsters, beautiful jewelry, pinch pots, magnets, ornaments, and other collectibles. Instructions, project ideas and guidance provided, but students are encouraged to create from their own vision! Students can make entire sets of characters and props for their imaginative stories and will be able to pull from Nikki's large collection of recyclable supplies and art materials to complete their projects. All clay and materials are included in the class.

Instructor: Nikki Contini

Location: Bacich Elementary

Register at: cityoflarkspur.org/recreation

Code#	Day	Date	Time	Fee/Grades
884	Mon	3/30-6/1	2:55-4:00pm	\$312/3-4



Amazing Science

Amazing Science

See page 12 for full class description.

Instructor: Amazing Science Staff

Location: Bacich Elementary

Register at: cityoflarkspur.org/recreation

Code#	Day	Date	Time	Fee/Grades
895	Wed	1/8-3/18	12:15-1:30pm	\$269/1-2
896	Wed	4/15-6/3	12:15-1:30pm	\$205/1-2

Glass Fusing

This class is Glass Fantastic!! Students explore the ancient art of fused glass. They will learn how to safely bend glass using flame and will also learn to cut and layer glass into creative and functional forms which will then be kiln fired. Students come away from the class with lots of beautiful glass work and will be AMAZED at what they can make with glass. New projects/techniques will be introduced each week and students will develop a firm understanding of the craft of fusing. This is a great opportunity to make one-of-a-kind hand-made gifts for the holidays as well! Return students welcome. Class fee covers all glass, firings, and materials.

Instructor: Nikki Contini

Location: Bacich Elementary

Register at: cityoflarkspur.org/recreation

Code#	Day	Date	Time	Fee/Grades
883	Mon	1/13-3/23	2:55-4:00pm	\$352/3-4

YOUTH AT BACICH ELEMENTARY/YOUTH AT KENT

Sew Much Fun

Get your thread ready and away you sew, creating keepsakes for family and friends. With a variety of stitches, and using buttons, beads and clips, we will be making hair decorations, napkin rings and many animals from around the planet. Embroidery, appliqué projects, and small tote bags will also be on the sewing menu. Sewing Sally looks forward to sewing with you!

Please use the bathroom and wash your hands before class.

Instructor: Sewing Sally

Location: Bacich Elementary

Register at: cityoflarkspur.org/recreation

Code#	Day	Date	Time	Fee/Grades
889	Thur	1/16-3/12	1:10-2:10pm	\$200/K
890	Thur	1/16-3/12	2:20-3:20pm	\$200/1-2
891	Thur	1/16-3/12	2:55-4:00pm	\$200/3-4
892	Thur	3/26-5/28	1:10-2:10pm	\$200/K
893	Thur	3/26-5/28	2:20-3:20pm	\$200/1-2
894	Thur	3/26-5/28	2:55-4:00pm	\$200/3-4

Girls' Force Leadership (3-4 Grade)

Girls' Force Leadership experiential workshops empower girls to lead! Each workshop includes an enlightening lesson-based presentation, an art project, and group discussion. Female leaders and innovators are highlighted in the lessons. The Girls'

Force curriculum emphasizes developing a Growth Mindset and becoming comfortable with public speaking. **No class 1/30.**

Instructor: Hilary McGinnis

Location: Bacich Elementary

Register at: cityoflarkspur.org/recreation

Code#	Day	Date	Time	Fee/Grades
897	Thur	1/16-4/9	2:55-4:00pm	\$300



Girls Force Leadership



Checkmate Chess at Kent

Develop your critical thinking and problem-solving skills while having fun! Learn how to move the various pieces and basic and intermediate strategy of this fascinating game. The class period generally consists of instruction and supervised play. Competitive matches and tournaments will take place near session's end.

Instructor: Dan Trimbach

Location: Kent Middle School

Register at: cityoflarkspur.org/recreation

Code#	Day	Date	Time	Fee/Classes
903	1/15-4/1	Wed	1:30-2:30pm	\$288

Fine Art Basics & Beyond at Kent

Students will explore fine art in several media, including watercolor, drawing, acrylics, oil painting, and sculpture. Subjects will include still lifes, landscape, and portraiture. A brief lesson integrating examples from the history of art will be followed by individual help. Students may continue the lesson or receive guided instruction for their own projects. Instruction is designed to benefit all levels of skill and experience. Includes materials.

Instructors: Harry Simpson

Location: Kent Multi Purpose Room

Register at: cityoflarkspur.org/recreation

Code#	Day	Date	Time	Fee/Classes
901	Thur	1/16-3/12	3:30-4:45pm	\$275
902	Thur	4/23-6/4	3:30-4:45pm	\$215

Chess For Kids (K-5th Grade)

See page 13 for full class description. **No class 2/21, 4/10.**

Instructors: Lanette Chan-Gordon and Jeff Gordon
Location: Cove Elementary
Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
2025	Fri	1/10-3/20	3:05-4:05pm	\$230/10
2026	Fri	3/27-6/5	3:05-4:05pm	\$230/10



Amazing Science

Amazing Science! (1-3rd Grade)

See page 12 for full class description. **No class on 2/4, 2/18.**

Instructor: Amazing Science Staff
Location: Cove Elementary
Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
2040	Tue	1/7-3/10	3:10-4:10pm	\$177/8
2327	Tue	4/14-6/2	3:05-4:05pm	\$205/8

MagiKids Course in Magic for Kids

See page 15 for full class description. **No class 2/4, 2/18, 4/7.**

Instructor: Paula Ramsey
Location: Cove Elementary
Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
2040	Tue	1/7-3/10	3:10-4:10pm	\$135/8
2041	Tue	3/24-6/2	3:10-4:10pm	\$126/8

Marin Girls Chorus

See page 15 for full class description.

Instructors:
Location: Cove Elementary
Register at: marinchorus.org

The Cove K-1st

New Singers

Code#	Day	Date	Time	Fee
3022 NS	Wed	1/15-4/29	1:20-2:05pm	\$500/13

Returning Singers

Code#	Day	Date	Time	Fee
3022	Wed	1/15-4/29	1:20-2:05pm	\$450/13

The Cove 2nd-3rd

New Singers

Code#	Day	Date	Time	Fee
3023 NS	Wed	1/15-4/29	2:00-3:00pm	\$510/13

Returning Singers

Code#	Day	Date	Time	Fee
3023	Wed	1/15-4/29	2:00-3:00pm	\$460/13



Amazing Science

Listed in the Youth Section are several other after-school classes that occur offsite, such as Learn Sword Play, Just Dance Academy Classes, and Skateboarding.

YOUTH AT NEIL CUMMINS ELEMENTARY

Amazing Science!

See page 12 for full class description. **No class Dec. 24, 31, Feb. 18.**

Instructor: Amazing Science Staff
Location: Neil Cummins School, Room C1, Corte Madera
Register at: cityoflarkspur.org/recreation

Neil Cummins Classroom, Grade K

Code#	Day	Date	Time	Fee/Classes
Call Dept.	Tue	1/7-3/24	2:00-2:50pm	\$269/11
2315	Tue	4/14-6/2	2:00-2:50pm	\$205/8

Neil Cummins Classroom, Grade 1st-3rd

Code#	Day	Date	Time	Fee/Classes
Call Dept.	Tue	1/7-3/24	2:55-3:55pm	\$269/11
2316	Tue	4/14-6/2	2:55-3:55pm	\$205/8

Art Class - Creative Color Explosion! (1-5th Grade)

See page 13 for full class description. **No class 2/20.**

Instructor: Liza Matthews
Location: Neil Cummins School, Room C1, Corte Madera
Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
3116	Thur	1/16-2/27	2:50-4:15pm	\$195/6

Art with Harry (1st to 5th Grade)

See page 13 for full class description. **No class 5/25.**

Instructor: Harry Simpson
Location: Neil Cummins School, Room C1, Corte Madera
Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
2113	Mon	4/20-6/10	3:10-4:10pm	\$140/6

Chess For Kids (K-5th Grade)

See page 13 for full class description. **No class 2/19, 4/8.**

Instructors: Lanette Chan-Gordon and Jeff Gordon
Location: Neil Cummins School, Room C1, Corte Madera
Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
2023	Wed	1/8-3/18	1:35-2:35pm	\$230/10
2024	Wed	3/25-6/3	1:35-2:35pm	\$230/10

Fine Motor Skills (K-1st Grade)

See page 14 for full class description.

Instructor: Liza Matthews
Location: Neil Cummins School, Room C1, Corte Madera
Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
3115	Tue/Thur	1/7-2/13	7:40-8:05am	\$180/12

Juggling (3-5th Grade)

See page 14 for full class description.

Instructor: Liza Matthews
Location: Neil Cummins School, Room C1, Corte Madera
Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
3117	Wed	1/8-1/29	7:40-8:05am	\$95/4

MagiKids Course in Magic for Kids

See page 15 for full class description. **No class 2/5, 2/19, 4/8.**

Instructor: Paula Ramsey
Location: Neil Cummins School, Room C1, Corte Madera
Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
2043	Wed	1/8-3/11	1:40-2:40pm	\$135/8
2044	Wed	3/25-5/3	1:40-2:40pm	\$170/10

Yoga for Kids

See page 16 for full class description.

Instructor: Goncalves de Souza
Location: Neil Cummins School, Corte Madera
Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
1072	Mon	1/7-3/4	3:05pm-3:45pm	\$112/7
1073	Mon	3/18-5/6	3:05pm-3:45pm	\$112/7

These Classes are in walking distance from Neil Cummins! They are all located right across the lawn from the school.

Just Dance Academy Classes: Ballet, Jazz, & Contemporary

Day: Thursdays
 Location: Corte Madera Dance & Fitness Studio
 See pages 5 & 6.

Skateboarding with Jeremy Boucher

Day: Thursdays
 Location: CM Town Park, Skate park
 See page 16.

Learn Swordplay

Day: Tuesdays
 Location: Corte Madera Community Center Main Hall
 See page 11.

Marin Girls Chorus

Day: Mondays
 Location: Corte Madera Community Center
 See page 15.

Dungeons and Dragons: an Intro to DnD

A creative outlet is very important for any child's growth. I aim to teach the world's greatest role-playing game, Dungeons & Dragons, to help kids discover a new, healthy, and collaborative way to explore their creative side. We will learn the game, paint figurines called 'miniatures,' and craft original and exciting narratives to build the fantastical worlds in which our adventures will take place; the possibilities are endless.

Instructor: Anthony Gordon

Location: Larkspur Recreation Community Room

Register: cityoflarkspur.org/recreation

Code#	Day	Date	Time	Fee/Classes
904	Mon	1/13-3/30	3:30-4:30pm	\$100

Hall Homework Club

The Homework Club is an educational enrichment opportunity for students who need a little extra time and support in their homework. The homework club will be offered Tuesdays after school weekly in room 602 at Hall Middle School. Seanessy Gavin is an education specialist and teacher who has worked at Hall Middle School for five years in 6th, 7th and 8th grade levels. Working as an education specialist gives her a unique perspective of being familiar with many of the assignments across all grade levels. Sign up for the homework club monthly or come drop in as needed to get homework assistance!

Instructor: Seanessy Gavin

Location: Hall Middle School, Larkspur

Register at: cityoflarkspur.org/recreation



Katia & Co. Presents

The Wizard of Oz

January 20th – 25th at the Playhouse in San Anselmo

For Tickets visit katiaandcompany.com



Katia and Company Presents: Shrek!

Join K & Co in an exciting fairytale adventure filled with catchy songs, adorable characters and fart jokes! Rehearsals are once a week (lead roles and soloists require more rehearsals) at Hall Middle School with performances held at the beautiful Showcase Theater at the Civic Center. Actors develop confidence and performance skills while gaining new friends and getting to play fun character roles. All registered participants are given a role in the show and parents are never required to volunteer. Directed by Katia McHaney, Music Director Gillian Eichenberger. Go to Katiaandcompany.com for schedule info and audition instructions.

Location: Hall Middle School, Larkspur

4th-7th Graders Rehearsal Days:

We will have three casts (groups) that rehearse on three separate days. To help us cast each child in the best role for them, parents may rank their preferred days, and kids will rehearse on either their first or second choice.

Wednesday, 2:30-4:30, starting Feb. 26th

Thursdays, 3:30-5:30, starting, Feb. 27th

Fridays, 4:30-6:30pm, starting, Feb. 28th

No rehearsal over Spring Break.

Performance Week:

May 10th-16th at the Marin Civic Center

Actors will have two rehearsal and two performances that week. Schedule available after auditions

Cost: \$295

1st-3rd Graders Rehearsal Days:

Our young performers will play adorable fairytale creatures, including princesses, princes, witches and woodland animals in this funny and charming musical. Actors sing, act and play theatre games together, then join their older cast mates in a full-scale production!

Wednesdays, 1:45-3pm, starting March 13th

Fridays, 3:30-5pm, starting March 15th

No rehearsal over Spring Break.

Performance Week:

May 10th-16th at the Marin Civic Center

Actors will have two rehearsal and two performances that week. Schedule available after auditions

Cost: \$220

ADULT - DANCE & FITNESS

The Corte Madera Dance & Fitness Studio

The Town of Corte Madera purchased this beautiful mirror and sun filled studio which is located in the tiny mall by the Community Center Building, 518 D Tamalpais Dr.

Bellydance

You can be Daring, Dazzling, and Divine at every age. Learn feminine secrets of the ages to create beauty and joy along with a new community of women.

Instructor: Sherry Brier

Location: CM Dance and Fitness Studio, 518 D Tamalpais Dr.

Register at: sherrybrier.com/inner-rhythm-dance

Elite Naach Academy Adult Bollywood, Bollywood Boot Camp

Mixed level class focusing on technique, facials, and performance qualities of Bollywood dance * Bollywood Boot Camp.

Instructor: Enakshi Vyas

Location: CM Dance and Fitness Studio, 518 D Tamalpais Dr.

Register at: DancewithENA.com

Days: Mondays

Time: See Website for Details

Flamenco Dance

Understand Spanish flamenco rhythms and music. Appreciate arm work unique to flamenco. Practice new coordination by achieving different sounds through footwork (tacaneo). Basics dance postures will be emphasized. Students will learn a short dance jaleo (words of encouragement)

Instructor: Andrea LaCanela

Location: CM Dance and Fitness Studio, 518 D Tamalpais Dr.

Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
3160	Thu	1/9-2/13	6:30-7:30pm	\$90/6
3161	Thu	2/27-4/9	6:30-7:30pm	\$104/7



Tap Dance with Carol Butler

Anyone can learn to Tap Dance. Get into shape with this non-stop, high energy, non-competitive, fun class. Progress at your own level. Learn tap steps, tap vocabulary, combinations and a tap dance. Just bring your tap shoes and a smile. Tap Dance experience necessary for intermediate class. **No class 2/18.**

Instructor: Carol Butler

Location: CM Dance and Fitness Studio, 518 D Tamalpais Dr.

Register at: cmparksandrec.org

Beginning Tap

Code#	Day	Date	Time	Fee/Classes
4500	Tue	1/7-3/3	6:15-7:15pm	\$104/8
4501	Tue	3/10-4/28	6:15-7:15pm	\$104/8
4502	Tue	5/5-6/30	6:15-7:15pm	\$117/9

Intermediate/Advanced Tap

Code#	Day	Date	Time	Fee/Classes
4504	Tue	1/7-3/3	7:15-8:15pm	\$104/8
4505	Tue	3/10-4/28	7:15-8:15pm	\$104/8
4506	Tue	5/5-6/30	7:15-8:15pm	\$117/9

Would You Like To Dance?

I guarantee you'll be dancing out the door in just ONE SESSION to any tune or tempo.

Instructor: Cynthia Glinka

Location: CM Dance and Fitness Studio, 518 D Tamalpais Dr.

Register at: DanceWithGlinka.com

For Fitness' Sake- Low-Impact Aerobics

Fitness is a gift that only you can give yourself. Make scheduling time for fitness a priority. Study after study concludes that regular, moderate exercise is beneficial for optimal health. This proven program has been offered in Marin since 1985. In our non-competitive, supportive atmosphere, we welcome you at your current fitness level, whatever that is.

This is a professional, complete program from warm-up, aerobic and toning, through stretch and relaxation. For questions or to register, call Cindy Leroux at (415) 454-6801. Register for these classes directly with the instructor. \$6 drop-in.

Instructor: Cindy Leroux

Location: Hall Middle School

Register at: cityoflarkspur.org/recreation

Day	Date	Time	Fee/Classes
M/W/F	Ongoing	5:30-6:35pm	\$40/8
M/W/F	Ongoing	5:30-6:35pm	\$50/12
M/W/F	Ongoing	5:30-6:35pm	\$60/30



It's a pulse-pounding, beat pumping fitness program that gets RESULTS FAST. It's a calorie-torching, hip swiveling dance party with a hot playlist to distract you from the burn.

DANCE MIXX, INTERVAL, STRIKE, FUSION, STRENGTH, AND CORE

MORNINGS

Monday/Wednesday/Friday @ 8:30am & Saturday @ 8:00am

EVENINGS

Monday/Wednesday @ 6:15 pm (2nd Wednesday of each month @ 5:15 pm)

JOIN ANYTIME

\$60/month unlimited classes (joining fee may apply)
\$20 for single class, Other pricing options available
Pricing subject to change

Appropriate for ALL Fitness Levels

For more information, contact instructor Susan Flint 415-419-7562 • jazzercise.cortemadera@gmail.com

Find us online: jazzercise.com

facebook.com/JazzerciseCorteMaderaCA



Fun & Fitness With Pati

Instructor: Pati Stoliar, RN

Location: Age-Friendly Intergenerational Center, Corte Madera
See page 37.

Chair Dancing

Instructor: Rayner Needleman

Location: Age-Friendly Intergenerational Center, Corte Madera
See page 38.

Chair Yoga

Instructor: Rayner Needleman & Jane Rivera

Location: Age-Friendly Intergenerational Center, Corte Madera
See page 38.

Chair Exercise

Instructor: Pam Waterstone

Location: Age-Friendly Intergenerational Center, Corte Madera
See page 40.

Yoga with Weights

Instructor: Sherri Baptiste

Location: Age-Friendly Intergenerational Center, Corte Madera
See page 41



Beginning Folk/Pop Guitar

Absolute beginners are welcome - you will learn the fundamentals of playing folk, rock, jazz and blues. Have fun while forming good habits and learning basic concepts, like knowing the names of the notes you are playing. Students will use a pick, playing melodies and chords. **No class 4/7.**

Instructor: Joe Miller

Location: Tiburon Baptist Church (one mile from Hwy. 101)
Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
4005	Tue	1/21-3/17	7:00-8:00pm	\$195/9
4006	Tue	3/24-6/2	7:00-8:00pm	\$195/10

Beginning Ukulele

The ukulele is easy and fun to play, and absolute beginners are welcome! Learn some simple chords and strums that you can use to play your favorite songs. All you need to bring is your ukulele, music is provided. For adults and teens. **No class 4/7.**

Instructor: Joe Miller

Location: Tiburon Baptist Church (one mile from Hwy. 101)
Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
4007	Tue	1/21-3/17	8:05-9:05pm	\$195/9
4008	Tue	3/24-6/2	8:05-9:05pm	\$215/10

ADULT CLASSES



Larkspur Community Garden

The Larkspur Community Garden has been in Piper Park since 1982. We work together growing organically and learning about mulching, watering, gardening techniques, sharing harvests, and building community in an ongoing year-round opportunity. We participate in community garden projects, which keep our garden looking nice. We share good old garden know-how and receive recreation and therapeutic hands-in-the-soil benefits. To sign up for the waiting list call (415) 927-6746.

Series 1 Bridge for the Beginner

This class is designed for the beginning student to learn and appreciate bridge. The class will move slowly so there will be time to learn the basic elements of bridge. Come and enjoy the fundamentals of bridge and bring a friend. Your guide, Bonnie Nackley is an Experienced Bridge Teacher and Bridge Life Master.

Instructor: Bonnie Nackley
Location: Community Center Classroom, Corte Madera
Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
1228	Wed	1/8-2/12	10:30-12:30pm	\$125/6



Series 2 Beginning Bridge

For those continuing from Series 1 Beginning Bridge or have had Beginning Bridge lessons in the past or played Bridge enough to know the basics of play. Your guide, Bonnie Nackley is an Experienced Bridge Teacher and Bridge Life Master.

Instructor: Staff
Location: Community Center Classroom, Corte Madera
Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
1229	Wed	2/26-4/01	10:30-12:30pm	\$125/6

Crafts With Julie

Instructor: Julie Kritzberger
Location: Age-Friendly Intergenerational Center, Corte Madera
See page 39.



Drawing And Watercolor Basics

Instructor: John McCormick
Location: Age-Friendly Intergenerational Center, Corte Madera
See page 37.

Learn to Play Mah Jong

Instructor: Leslie Friedman
Location: Age-Friendly Intergenerational Center, Corte Madera
See page 39.

Mah Jong And Bridge For Fun

Instructor: N/A
Location: Age-Friendly Intergenerational Center, Corte Madera
See page 37.

Painting with Acrylics

Instructor: Debra Maddox
Location: Age-Friendly Intergenerational Center, Corte Madera
See Page 39.

Programs for Adults with Special Needs

Larkspur Recreation offers a variety of programs at Larkspur Recreation in conjunction with Rec. Inc. for Adults with developmental disabilities. Programs vary from art classes, healthy eating, 3rd Friday dances, wiffleball, movie nights, basketball, world beat, and Lions Club. We always welcome new participants, for more information about one of the programs visit the website at recinc.org. Questions? Email info@recinc.org or call (415) 453-4847.

Larkspur Champions Lions Club

Members of this special chapter of the international charitable organization: perform community service, act as officers, plan special events, and visit other Lions Clubs.

Dates: Check the Rec Inc website at recinc.org

Class Day: 2nd & 4th Thursday of the Month

Time: 6:00-7:30pm

Location: Larkspur Rec Dept. Community Room



World Beat Circle

Music & dance everything happens here! It's a circle of personal sharing, stretching, African influenced dancing, and sometimes drumming.

Dates: Check the Rec Inc website at recinc.org

Class Day: Tuesday

Time: 6:10-7:10pm

Location: Larkspur Rec Dept. Community Room

Basketball for Winners

Be a member of the Seals. Everyone plays - we adapt the game to our players' abilities. The Seals play community members, families, police & fire departments, community service groups, and celebrities like comedian Michael Pritchard.

Dates: Check the Rec Inc website at recinc.org

Class Day: Monday

Time: 6:35-8:00pm

Location: Hall Middle School Gym

Sports Night

Three Wacky Sports per night! We bought so many different types of sports gear! This month we are testing out several sports: Giant Bowling, Hockey, Wiffleball, Giant Badminton, Cage Ball Soccer, Cage Ball Kickball And More!

Dates: Check the Rec Inc website at recinc.org

Class Day: Tuesday

Time: 6:15-7:15pm

Location: Hall Middle School Gym

Third Friday Dance

This is an excellent opportunity to meet some new folks, catch up with friends, and have a great time. With the wild music of Ebony Slam by Feeve you'll want to dance! A different theme every month!

Dates: Check the Rec Inc website at recinc.org

Class Day: 3rd Friday of Every Month

Time: 7:00-9:30pm

Location: Hall Middle School Gym

Party Night

Our young adults, 20s to 30s, need a chance to meet and socialize with their peers. This is it! Coordinator Steph Sues has made this the place to be. Each themed night includes a movie, photo booth, snack, and a craft. Dress to match each theme! Must RSVP - email steph@recinc.org at least a week before each Party to reserve a spot.

Dates: Check the Rec Inc website at recinc.org

Class Day: 2nd Friday of each month

Time: 6:30-8:00pm

Location: Larkspur Rec Dept. Community Room

Be Healthy

Almost all our members have lost weight and are keeping it off! Dixie James with her weekly charismatic, inspirational talks, workout challenges, and healthy food discussions. Lose weight with the support of friends. Learn about nutrition and getting fit.

Dates: Check the Rec Inc website at recinc.org

Class Day: Tuesday

Time: 4:30-6:00pm

Location: Larkspur Rec Dept. Community Room

Movie/Mall Night Offered through the Larkspur Lions Club

GREAT chance to socialize. Come to the Food Court at Northgate Mall to meet a gang of friends, see a movie (or not) and grab dinner at the food court or bring a bag dinner. This program has little supervision; you must be able to get your own dinner, sit through a movie, leave, and meet transportation without assistance.

Dates: 1st Friday Feb. thru Dec. (July TBA)

Time: Drop in any time between 4:00-7:30pm (people often arrive after 5:00 & all leave by 7:30pm)

Where: Northgate Food Court, tables near the wall across from Sbarro Pizza, 5800 Northgate Mall, San Rafael

Price: Prices are set by the theatres and restaurants.

These programs do not have staff to monitor or control behavior. If clients need assistance or supervision, please have them bring a caregiver. Clients are allowed to come and go at will.

LEO GIRALDI TENNIS AT LARKSPUR'S PIPER PARK

Winter/Spring 2020 TENNIS

All classes taught by LG Tennis staff. Minimum of 3 players or 2 paying for 3. Drop-in fee is \$30 for 1 1/2H classes, \$25 for 1H classes, \$15 for 1/2H classes, limited to space available, no refund for missed classes.

Level #1: Beginners Tennis 2.0 NTRP

Introductory class for players with little or no tennis experience. Emphasis is on proper technique, basic strategy, getting to serve and return serves for immediate game enjoyment. Different sets of shots will be presented each week with review as well. By the end of the session student will be able to play singles and doubles games in a social context. **No class 4/7.**

Instructor: LGT Staff

Location: Piper Park, Larkspur

Register at: cityoflarkspur.org/recreation

Code#	Day	Date	Time	Fee/Classes
2419	Tue	1/7-1/28	10:30-12:00pm	\$105/4
2420	Tue	3/3-5/26	10:30-12:00pm	\$305/12

Level #2: Intermediate 2.5 to 3.0 NTRP

Early Intermediate class for players with some basic tennis experience or who have not played in a long time. Emphasis is on proper technique, basic strategy, getting to serve and return serves for immediate game enjoyment.

Different sets of shots will be presented each week with review as well. By the end of the session student will be able to play singles and doubles games in a social context. **No class 1/20, 4/6, 5/25.**

Instructor: LGT Staff

Location: Piper Park, Larkspur

Register at: cityoflarkspur.org/recreation

Code#	Day	Date	Time	Fee/Classes
2417	Mon	1/6-2/3	10:30-12:00pm	\$105/4
2418	Mon	3/2-6/1	10:30-12:00pm	\$305/12

Level #3: Intermediate 3.0+ to 3.5 NTRP

For the player with some match experience working on consistency, consolidating fundamentals and strategy. A different topic will be covered each week, including technique adjustments, shot selection and effective patterns for social or early competitive context. Last half-hour is singles and/or doubles match play. **No class 1/20, 4/6, 5/25.**

Instructor: LGT Staff

Location: Piper Park, Larkspur

Register at: cityoflarkspur.org/recreation

Code#	Day	Date	Time	Fee/Classes
2415	Mon	1/6-2/3	9:00-10:30am	\$105/4
2416	Mon	3/2-6/1	9:00-10:30am	\$305/12

Level #4: Intermediate 3.0+ to 3.5 NTRP

For the player with match experience seeking help with consistency, more effective patterns and strategy. A different topic will be covered each week, such as singles and doubles technique adjustments, shot selection and positioning for social, early or more advanced competitive context. Last half-hour is match play. **No class 4/8.**

Instructor: LGT Staff

Location: Piper Park, Larkspur

Register at: cityoflarkspur.org/recreation

Code#	Day	Date	Time	Fee/Classes
2423	Wed	1/8-1/29	10:30-12:00pm	\$105/4
2424	Wed	3/4-5/27	10:30-12:00pm	\$305/12

Level #5: Intermediate 3.5+/4.0 NTRP

For the player with match experience seeking help with consistency, more effective patterns and strategy. A different topic will be covered each week, such as singles and doubles technique adjustments, shot selection and positioning for social, early or more advanced competitive context. Last half-hour is match play. **No class 4/8.**

Instructor: LGT Staff

Location: Piper Park, Larkspur

Register at: cityoflarkspur.org/recreation

Code#	Day	Date	Time	Fee/Classes
2421	Wed	1/8-1/29	9:00-10:30am	\$105/4
2422	Wed	3/4-5/27	9:00-10:30am	\$305/12

Level #6: Advanced 4.0+/4.5 NTRP

Designed for the regular competitive player looking for technical pointers, more advanced drills and practice games in a social yet competitive environment. Students will be challenged with different patterns each week, specialty shots, taught creativity and encouraged to fine tune their style according to skills. **No class 4/8.**

Instructor: LGT Staff

Location: Piper Park, Larkspur

Register at: cityoflarkspur.org/recreation

Code#	Day	Date	Time	Fee/Classes
2425	Wed	3/11-6/3	5:00-6:30pm	\$305/12

Adult Open Gym at Neil Cummins Gym

Come down to the Neil Cummins Gym on Monday nights for volleyball. Bring a friend and jump in to a game. It is only \$5 drop-in or you can purchase a card that will get you 10 visits for only \$30. Check the calendar outside the gym for any days we may not be there. But normally every Monday there is a great group ready to play. Hope to see you all there. \$5 drop-in or \$30 for 10 passes.

Instructor: Staff

Location: Neil Cummins Gym, Corte Madera

Register at: cmparksandrec.org

Monday Volleyball 8:00-10:00pm

Pickleball at Piper Park

Pickleball is the fastest growing sport in America. Pickleball combines many elements of tennis, badminton and ping-pong. The game may be played as doubles or singles, indoors or outdoors, with a solid paddle, and on a badminton-sized court with a slightly lower tennis net.

Join Instructor George Silvas for an introduction class. George has years of teaching and coaching experience. The USAPPA has rated George a 4.44 player. He has medaled in both 4.0 and 4.5 Pickleball Tournaments throughout the Nation. George has helped put on clinics at Bay O Vista Tennis Club, Oakland Hills Tennis Club, Rolling Hills Tennis Club, Albert Park, Pickleweed Park, Hamilton Tennis Club, McGinnis Park and Bolinas. Marin Magazine featured Marin Pickleball for all in their September issue. For the last 3 1/2 years George has dedicated his time to promoting and teaching the game of pickleball. My number one goal is to give a gift of Health and Happiness (Pickleball). Drop ins available for \$25 per day.

Instructor: George Silvas

Location: Piper Park Courts, Larkspur

Register at: cityoflarkspur.org/recreation

Day	Date	Time	Fee/Classes
Mon	Monthly	2:00-2:50pm	\$60

Drop in Pickleball at Piper Park:

Come by for drop-in Pickleball on Sundays from 11:00am-1:00pm at Piper Park for \$5. Nets and balls provided.

Pickleball at Corte Madera

Pickleball in Corte Madera with Age-Friendly Corte Madera and Corte Madera Parks and Recreation. Lessons all equipment supplied (paddles & balls).

Drop-in play \$5 from 1:30pm -3:30pm.

Drop-in lessons \$25 12:30pm-1:20pm.

Instructors: Staff

Location: Town Park, Corte Madera

Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
1000	Mon	2/17-3/9	10:00-10:50am	\$80/4
1001	Mon	3/23-4/13	10:00-10:50am	\$80/4
1002	Mon	4/27-5/18	10:00-10:50am	\$80/4

Over 40's & Over 50's Men's Softball League

If you are looking for a great softball league, look no further than the Town Park Softball Field from March to October. A solid group of 15 teams play Monday through Friday. We are always looking for interested fans and players. Come out to the diamond for a late afternoon of Corte Madera's favorite pastime. Some teams even compete in national tournaments. You will not be disappointed. Hope to see you all there. Monday-Friday; Next season starts March 2020, \$800 per team. Sign up as a free agent.

Instructors: Staff

Location: TP Softball Field, Corte Madera Town Park

Register at: cmparksandrec.org

Adult Tennis

Students will be introduced to the basic skills of tennis, including forehand, backhand, serve, and volley. Emphasis is on proper stroke technique and enjoyment of the game. For more classes offered around Marin County or to set up a private lesson, please visit tennisinmarin.com.

Instructors: Tennis in Marin Staff

Location: TP Tennis Court, Corte Madera Town Park

Register at: cmparksandrec.org

Adult Beginner

Code#	Day	Date	Time	Fee/Classes
1234	Thur	3/26-5/28	6:30-8:00pm	\$300/10

Adult Intermediate

Code#	Day	Date	Time	Fee/Classes
1235	Wed	3/25-5/27	6:30-8:00pm	\$300/10
1236	Wed	3/25-5/27	9:15-10:45am	\$300/10

Corte Madera Bingo

Join our group of active older adults for BINGO every Thursday from 9:30 a.m. to 11:45 a.m. at the Corte Madera Community Center. You're sure to have fun! Come and enjoy wonderful company, delicious treats like Lappert's ice cream, and other great perks and surprises. Once a month representatives from local senior organizations will be on hand to answer questions regarding services they offer. Most guests will be on hand the second Thursday of each month. For more information please call 927-5072.

Location: Main Hall, Corte Madera Community Center
Thursdays, from 9:30-11:45am
FREE

Housing Options Presentation For Seniors

Free to the public. You will learn valuable information about affordable housing choices for mature adults in Marin. Whether you are looking for housing options for yourself, an aging parent, relative, or friend and even if making ends meet is a struggle, Leslie has over 20 years experience working with senior resources and senior housing and can help you find the right housing. It is easy to feel confused and overwhelmed by all the different choices, but don't delay! Start planning today! Free to the public! **INSTRUCTOR:** Leslie has more than twenty-five years of experience as a therapist, mediator, communications specialist and life and business coach. She spent many years working in the corporate world as an employment counselor and manager of a temporary employment agency, and in the non-profit world specializing in senior resources and intergenerational housing. Most recently she was the Director of Senior Information and Marin Independent Elders at Whistlestop Senior Center and the Housing Advocate at Marin Housing. Currently, she is the Director of Shared Housing with Episcopal Senior Communities.

Instructor: Leslie Klor
Location: Main Hall, Corte Madera Community Center
Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
1201	Fri	4/24	11:00-12:30pm	Free

The NEW Larkspur Larks

The Larkspur Larks is open to community members who are 55 and older. This is a great opportunity to bring your own lunch and eat with new and old friends and enjoy the resources of our community and Bay Area. Special programs are periodically planned. We meet one Tuesday of each month from 11:30am-1:00pm at Larkspur Recreation in the Community Room. For more information or to be included on our mailing list for the Larks Newsletter call the Larkspur Recreation Department at (415) 927-6746.

History of the Larkspur Walker Walking Group

In 1987, Larkspur Recreation Director Nancy Spivey realized that there was a need for active programming for Larkspur's seniors. She decided that a walking program would be an opportunity for participants of all abilities to join in and she founded the "Larkspur Walkers". Nancy began by leading several walks each week. The walks ambled all over Larkspur, including parks and staircases around town and back to Piper Park, all in an hour. Since then, the membership has grown to more than 130 members who have the opportunity to participate up to four days each week. Walkers add to their fitness level and make friends, all while taking in the sights and sounds of Larkspur. The Larkspur Walkers are now supported by a group of dedicated volunteers who keep the experience special and fun.

Larkspur Walkers

The Larkspur Walkers would like to invite you to join them on one of their morning walks. Walks start and finish at Piper Park. You have probably seen us walking along the bike paths, trails, and climbing the easement staircases around Larkspur.

On the first Wednesday of each month we carpool from Piper Park to take a walk at a location within the county or in San Francisco. Walks are held every Monday, Wednesday, Friday and Saturday from 9:00am-10:00am. Come and walk with us, and decide if this is a fitness program that meets your needs. \$20 yearly membership is valid June through May.

Location: Meet at Piper Park, Larkspur

Lunch Club for Seniors

Come have lunch with us! Every Thursday Good Earth Natural Foods prepares organic, well-balanced, hot lunch for adults, 60+. Enjoy a nice meal and conversation with friends! Details: Every Thursday (Except Holidays) from 11:45-12:45pm; Adults age 60+ \$3 suggested donation. No older adult will be turned away for lack of funds. Funded in part by the Older Americans Act, administered locally by the Marin County Department of Health & Human Services, Aging and Adult Services. Reservations are required seven days in advance. To make a reservation please call (415) 457-4636.

Location: Main Hall, Corte Madera
Thursdays (except Holidays) from 11:45-12:45pm.
Reservation required 7 days in advance. Call (415) 457-4636.
FREE

Book Swap After Senior Lunches

Do you have any interesting gently used books just sitting on a shelf collecting dust? Why not bring up to 5 of them to exchange for 5 "new to you" books? This event occurs after select Senior Lunches and before The Seniors's in Balance class. Why not come try all three for free! Make an afternoon out of it!

12:00pm – 1:00pm
Location: Corte Madera Community Center Main Hall

Medicare Made Clear

Join us to learn all about your Medicare choices. We'll also share tools and resources to help you understand the coverage that may be right for you, including a free educational guide. Whether you're just getting started with Medicare or simply looking to learn more, we're here to help. For ages 55 and over.

Instructor: Rozan R. Donals
Location: Corte Madera Community Center
Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
3998	Fri	2/7	10:30am-12:00pm	Free
3999	Fri	5/8	10:30am-12:00pm	Free

Senior Fair

Seniors, join us for our annual Senior Fair. A broad range of agencies, service groups and vendors who work to meet the needs of seniors will be on hand to provide information and make presentations. Snacks & drinks provided.

Admission is FREE
Saturday, May 21, 2:00pm-4:00pm

Seniors in Balance

This class will improve your balance, stability, and coordination through proven methods from Qigong, Tai Chi, and Western Mind/Body science. Research shows that Tai Chi is an excellent way for Seniors to develop balance and fluidity of movement; in this class you will be learning an easy, modified Tai Chi form. You will also practice brain stimulating techniques from Western Science to assist coordination and cognition. In addition, the Qigong movements and mind activity bring inner balance, relaxation, improved immunity, and overall wellbeing. These combined approaches are carefully orchestrated to work on all aspects of balance simultaneously. The class is appropriate for anyone with reasonable mobility who is motivated to maintain a good balance of spirit, mind and body throughout their lives. INSTRUCTOR: Shirley Dockstader is an accredited medical qigong teacher and has been teaching the ancient healing movement arts for over 30 years in Marin and San Francisco. She is the producer/writer of Strengthening Your Immune System with Mind & Movement. Sandy Smith has participated in Shirley Dockstader's Seniors in Balance Program for 7 years and has been teaching Tai Chi for 4 years. Sandy's skills as a teacher and performer of traditional music and dance, lend a special insight into her teaching of balance and movement through Tai Chi.

Instructor: Shirley Dockstaer
Location: Corte Madera Community Center
Register at: cmparksandrec.org

Code#	Day	Date	Time	Fee/Classes
7002	Thur	1/9-6/25	1:30-2:30pm	Donation

AARP Smart Driver Course

Sharpen your driving skills through the AARP-created "Smart Driver" program. This course was developed to help drivers 50 years or older adjust to age-related changes in vision, hearing, and reaction time.

Medication and its effects on driving will also be addressed. At the end of this course, a certificate of completion, which may save you money on auto insurance, will be given.

The 8 hour course is split between two days and is for those who have never taken the class before or have not taken the 4½ hour refresher course in the last three years. You must attend both classes to get a certificate.

The 4½ hour refresher course is for those who have taken either the 8-hour or 4½ hour course within the last three years.

*Please note: If you arrive 15 minutes late or more you will not be allowed to take the class and no refund will be given.

Location: AFIC, Corte Madera
Instructor: AARP staff

8-hour course, Two Fridays

Code#	Day	Date	Time	Fee/Classes
1257NM	Fri	5/1 & 5/8	10:00-2:30pm	\$15-\$20/2 (\$15 AARP members; \$20 non-members)

4½-Hour Refresher Course Date, Friday only

Code#	Day	Date	Time	Fee/Classes
1255	Fri	3/13	10:00-2:30pm	\$15-\$20/1 (\$15 AARP members; \$20 non-members)

Ray Simpson Big Band

Bring the whole family to dance or just listen to this FREE monthly event!

The 17-piece Ray Simpson Big Band plays the music of the 30s, 40s, and 50s - from swing to jazz. These local musicians have performed professionally for years. You'll hear arrangements created by the late Ray Simpson, along with favorites from Count Basie, Les Brown, Jimmy Lunceford, Duke Ellington, Stan Kenton, and Glenn Miller. You can simply sit and listen to the band's crooners and guest singers perform favorites like, "It Had to Be You" and "Mack the Knife" or get out on the floor and dance the night away! The band is a perennial Italian Street Painting Festival favorite and fills the Main Hall at the Corte Madera Community Center.

Upcoming Dance Dates For 2020:
January 8, February 12, March 11, April 8, May 13, June 10, July 8, September 9, October 14, November 11 & December 9.

Every Second Wednesday of The Month (excluding August) • 8-10pm
Corte Madera Community Center, 498 Tamalpais Drive

**Wednesdays, 11am-12:30pm
Corte Madera Community Center,
498 Tamalpais Drive, Corte Madera**

Complimentary Light Refreshments

Sponsored by: Age-Friendly Corte Madera, Twin Cities Village, Corte Madera Parks and Recreation & Age-Friendly Solutions



Jan 15, 2020 - Options to Get Around: Marin Transit Systems AND the SMART Train

Mobility is the key to independence for everyone. Come learn about the many transit options available in Marin County. They include public bus systems, ferries, paratransit services, transportation programs, a personalized trip-planning “Travel Navigator” and now the SMART train.

Presenter: David Ohman, Travel Navigator Supervisor, Marin

February 19, 2020 - The Best Home for Me/Preparing to Transition

Are you considering a move into assisted living? Understand terminology, requirements, what’s new in the industry and how to organize, transition and downsize! This is an enlightening, valuable and useful presentation on moving from home into a care setting best suited for you. Learn how to better afford a community, what to take and contacts to help prepare for your move.

Presenter: Margie Cuitti, Senior Living Services

March 18, 2020 - Grief and Grieving – What to Expect While Navigating Through Our Losses

Grieving the death of a friend or loved one can present us with a myriad of unexpected changes to our thoughts, feelings and behaviors. Join us as we explore and discuss what to expect on the journey as we identify practical tools for navigating through the natural process of grief.

Presenter: Michelle Miller, LMFT, Grief Counselor with Hospice by the Bay.

April 15, 2020 - The Climate Emergency: Is There Anything I Can Do?

Climate change has gone from a complex global phenomenon to an urgent fight for life, for our species and for millions of other species on Earth. We’ve heard a lot about the problem—there are solutions galore—but do we have the public engagement and the political will to turn the tide? As we celebrate the 50th anniversary of Earth Day, join this vital conversation.

Presenter: Jody Timms PhD, Climate & Social Justice Advocate and member of the Marin Commission on Aging.

May 20, 2020 - Driving Safely As We Age - PLUS Everything You Need to Know About REAL IDs

Worried about your driver’s license renewal? Wondering if you should still be driving? Many people value driving as a mark of independence. Many laws and your hearing, vision and reaction time have changed since you learned to drive. This presentation will provide valuable information and help you continue to maintain your driving privilege as long as you are safe to do so. Additionally, with the October deadline approaching, find out all about REAL IDs. **Presenter:** Jerrod Sieberg, DMV Community Outreach Senior Ombudsman.

June 17, 2020 - Protect Yourself From Financial Scams!

Learn valuable advice from members of the Marin County Financial Abuse Specialist Team (F.A.S.T.) to avoid becoming a victim of scams, frauds, and IRS impersonators targeting us right here in our own neighborhood. Marin F.A.S.T. enlightens and educates us on how to protect ourselves against common financial scams.

Presenter: Marin’s F.A.S.T. team members.

The Twin Cities Village “One call does it all”

Twin Cities Village, newest member of Marin Villages, is dedicated to building a community to better manage aging in Corte Madera and Larkspur; to remain independent in your own home and community.

For further information, call 415.457.4633 or visit the Marin Villages website at marinvillages.org

LIBRARY EVENTS FOR ADULTS

Corte Madera Library Events, 707 Meadowsweet Drive, Corte Madera

These free events are co-sponsored by Corte Madera Library and Corte Madera Parks & Recreation Department.

Registration is required for the writing workshop.

For all other programs no registration is required, however seating is limited.

Reducing Inflammation and Managing Sugar: Lecture, Demonstration & Tasting!

Monday, January 13, 2020

10:30am - 12:15pm

Amanda Newman-Crutchler, the Nutrition Education Manager at Ceres Community Project, will discuss inflammation: what causes it, and which foods lower it. She will also review the health impacts of sugar consumption, and how to manage blood sugar without feeling deprived. Learn to prepare Ceres' Toasted Sunflower Seed Kale Pesto and Tahini Miso Sauce and then, enjoy eating them!



Writing as Good Medicine in Difficult Times with Susanne West, Ph. D.

Monday, February 10, 2020

10:30am - 12:45pm

Attendees will use writing exercises to help gain insight and explore ways to navigate personal and collective challenges. As a transformational tool, writing can take one beyond the conscious mind and linear thinking into the realms of imagination, deep feeling and intuitive wisdom. Susanne West is a writer, poet, professor of psychology and nondual coach. Her first poetry collection, entitled *Subterranean Light*, will be released in 2020. Attendance is limited. Call 415-924-3515 or stop by the library to register.



Spring Birdsong: A Lecture by Shannon Burke, Marin County Parks Interpretive Naturalist

Monday, March 23, 2020

10:30am - 12pm

Step outside on any spring day and you'll almost certainly be greeted by a vibrant choir of birdsong. But why do birds sing and how are these songsters capable of such amazing vocal feats? In this lecture we'll explore these questions as well as the physiological changes behind the song burst that heralds the coming of spring.

Unexpected Japan: Beyond Cherry Blossoms

Monday, April 6, 2020

10:30 - 11:45am

Diana Saint James, owner of Dimensions in Travel, is a veteran traveler. All eyes will be on Tokyo this coming summer for the 2020 Olympics, but there is so much more to discover about this fascinating country beyond sports, sushi, gardens, kimonos and Godzilla. Diana has lived and traveled in Japan and will share her secret haunts, culinary discoveries, glorious photos, and travel tales.

COMMUNITY GROUPS TO JOIN

The Corte Madera Lions Club

The Corte Madera Lions Club was chartered in 1951 by a group of 25 local civic-minded men who felt that Corte Madera needed a service organization to help set up youth activities for children in our community. Aside from schools and churches there were no facilities for large events, so the Lions met this need by raising funds and building the current Community Center as a labor of love, with mostly volunteer labor. The building was donated to the Town of Corte Madera in 1986, but the Lions, now composed of men and women of all ages, are still actively involved in helping maintain it. In 2010, the Lions partnered with the Corte Madera Community Foundation, the Women's Club and the Beautification Committee to renovate the patio. In 2013, the Lions helped with renovation of the main hall. The Lions Club supports many community organizations including the Boy Scouts, Canine Companions, AdvoKids, Twin Cities Little League, Twin Cities Police Authority Youth Programs, Redwood High School, Neil Cummins Elementary and Hall Middle School. The Lions are an integral part of Corte Madera Oktoberfest, and we always have a food and drinks booth for the 4th of July Festival. We host many social events throughout the year at the Community Center including Casino Night, and we provide volunteers for several community events including Breakfast with Santa and the Opening Day of Soccer. Lions Club International supports vision programs around the world, and we collect old prescription eye-glasses and hearing aids for distribution in third world countries. These items can be dropped off at the Community Center lobby during normal working hours.



We meet on the 2nd and 4th Thursdays of the month except for the summer months, and guests as well as prospective members are always welcome! For more information, go to cortemaderalions.com, email Cortemaderalions51@gmail.com, or visit us on Facebook at [facebook.com/groups/CMLionsClub](https://www.facebook.com/groups/CMLionsClub). The Lions membership includes men and women, both professional and retired. A growing number of our membership have children attending Corte Madera and Larkspur schools.

Age Friendly Corte Madera

As a member of the World Health Organization's (WHO) Age-Friendly network since 2015, AFCM has the desire and commitment to create physical and social environments that promote healthy and active aging and a good quality of life for older residents. AFCM invites everyone to visit the webpage at agefriendlycortemadera.org/ for money-saving tips, helpful local resources, relevant events and interesting activities. Programs include an annual celebration to honor all those over 90, the free Third Wednesday lecture series and the Corte Madera Senior Fair each May. AFCM helped launch the Twin Cities Village, and the Age-Friendly Intergenerational Center was conceived in AFCM's initial Strategic Plan.



The Corte Madera Community Foundation

The Corte Madera Community Foundation was established in 1994 to promote events, facilities, programs, and services that build community spirit and enhance Corte Madera's small-town character. It is a 100% volunteer organization that works with Town government and any local civic groups for the benefit of our community. The Foundation focuses mainly on public facilities enhancement, senior services, summer playground activities, emergency response support, local history, beautification, and ecological conservation. The Foundation provides fiscal support to Corte Madera's Beautification Committee, Town Band, Women's Club, CM-CERT, Emergency Preparedness Fund, Heritage & History, neighborhood associations and major civic improvement projects.



In 2010 the Foundation led the partnership of four local groups working with the Town to renovate the patio area at the Community Center, and in 2011 it participated in the renovation of the main hall. In 2012, the Foundation raised funds to create Town Park Plaza, next to the Community Center. Organizing the year-long series of events for Corte Madera's Centennial Celebration in 2016 was led by the Foundation. This year, the Foundation is partnering with the Town to add a shade structure to the Plaza. For more information about the Corte Madera Community Foundation and its many activities, visit our website at CorteMaderaCommunityFoundation.org or send an e-mail message to CMCFoundation@comcast.net

Community Emergency Response Team



In the event of a major disaster, professional services may be overwhelmed and unavailable for long periods of time. The widespread needs of the town will depend on voluntary assistance. With this in mind, the fire departments in Marin County have adopted a citizen training program called Community Emergency Response Training (CERT).

CERT is designed to provide hands-on training to become self-sufficient for at least 72 hours following a disaster such as an earthquake, flood, or a wild land fire. We then encourage CERT trained volunteers to join their neighborhood teams to assist their community.

Class 1: Introduction/Emergency Preparedness/ Disaster First Aid

Class 2: Search and Rescue Fire Prevention/Suppression

CERT classes are offered every month except July and December throughout Marin County. For a training session near you, please contact Marin County CERT.

Registration Info: 415-485-3409, marincountycert.org, certinfo@marincountycert.org

Larkspur Community Foundation

The Larkspur Community Foundation (LCF) was created in 2013 by local residents to support projects and activities that sustain Larkspur's historic small town character and enhance the community's quality of life. LCF enables and encourages the greater Larkspur community to engage in philanthropic and civic opportunities close to home.



A 501 (c) (3) California public benefit corporation, the Foundation supports small projects and cooperates with other non-profits, schools, and civic organizations and the City of Larkspur. All donations are fully tax-deductible. LCF also acts as fiscal sponsor for small nonprofits and community groups seeking to raise funds for projects and events that otherwise would not qualify for tax-exempt status. LCF is a volunteer organization.

Since its founding, LCF has awarded 22 grants for various projects and activities serving local residents. Several have gone to upgrading Larkspur's parks and enhancing recreational opportunities, including providing a new seating platform at Piper Park tennis courts; refurbishing a basketball court and adding a bench at Heatherwood Park; replacing deteriorated metal barbecue grates at Piper Park; landscape beautification at Niven Park's entrance; contributing to a new drinking fountain at Piper Park; and supporting the Larkspur Recreation Department's summer movie night.

The Central Marin Fire Department last year received funds for purchasing satellite phones for emergencies – a need first demonstrated during the year's catastrophic California wildfires.

Grants have also been awarded to several local nonprofit groups serving human needs, including the Schurig Center for Brain Injury Recovery; Twin Cities Village; Larkspur Community Clinic; Twin Cities Child Care Center; and Homeward Bound for "King Street Senior House." Other awardees have included the LARK Theater, Native Bloom Larkspur, and Redwood High School's Safe & Sober Grad Nights.

For the past four years, the Foundation and the City of Larkspur have sponsored an annual event celebrating Larkspur's volunteers – from those who serve on various city boards and commissions to those who give time working with myriad nonprofit groups in the area. The fourth annual "Heart of LARKSPUR" celebration in early February honored more than 100 volunteers.

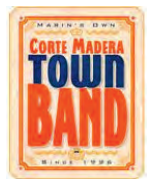
For more information about the Larkspur Community Foundation, current activities and how to get involved, visit our website at larkspurcommunityfoundation.org.

The Corte Madera Women's Improvement Club

The Corte Madera Women's Improvement Club is a group of women who get together to share friendship, fun and philanthropy. Since it was founded in 1907, the club has supported women who work to improve our community. In the years after WWI, the club provided scholarships to nursing students. Today, the club awards substantial college scholarships to local young women who have been active volunteers in our community. In addition, the club contributes toward tuition for children enrolled in Corte Madera Parks and Recreation after-school and summer-camp programs. The club raises money for these philanthropies by organizing and managing the annual Giant Indoor Yard Sale. We offer a variety of activities and programs according to the needs and interests of our members. If there is something you'd like to do, or if you'd like to get a group together, this is your club. Every month we have field trips, workshops, a book club meeting, and a potluck luncheon with a speaker. With a proud heritage of public spirit, this venerable and dynamic club plays a vital role in our community and in the lives of its members. info@cortemaderawomensclub.org

The Corte Madera Town Band

The Corte Madera Town Band is a volunteer organization that has over 40 bandmates from all over the Bay Area. CMTB would like anyone who plays a band instrument to join! CMTB meets every Thursday at 7:00pm in Redwood High School in Larkspur. Be prepared to play great music while having amazing fun.



For more information please cortemaderatownband.org or contact Madeline at 415-515-9357, or send the band an email at cortemaderatownband@gmail.com Like us on Facebook @ CorteMaderaTownBand. CMTB looks forward to hearing from you!

Neighborhood Response Groups of Central Marin

Founded in 2007, there are now NRGs (Neighborhood Response Groups) in 41 neighborhoods representing over 6000 households in Corte Madera, Larkspur and Kentfield. The operating principle is Neighbors Helping Neighbors, because the record shows that following a disaster it is your neighbor who is most likely to be there to help you.



NRGs help their neighborhoods prepare for wildfire by encouraging good defensible space practice, effective vegetation management and mapping evacuation routes. NRGs also prepare to care for themselves for several days following a major earthquake. For full information go to nrgmarin.org.

If your neighborhood does not have an NRG, or if you would like to get involved helping your neighbors, email coordinator@nrgmarin.org. We can put you in touch with your local leadership, or talk to you about how you can help get a program started.

Central Marin Neighborhood Response Groups

NRGMARIN.ORG is the website for Central Marin Neighborhood Response Groups. Established in 2007, the NRG Program covers 4629 homes with 33 individual neighborhoods organized, or 48% of homes in Corte Madera, Larkspur and Greenbrae.



Central Marin
NRG Program

The NRG program supports families by organizing neighbors to help each other. We create neighborhood communication networks to share when it's a high-risk fire day (Red Flag Day), and phone trees and text trees to share evacuation alerts. We identify and map out potential evacuation pathways out of your street (by car and by foot). We encourage each other to harden our homes and create defensible space at the neighborhood level, mitigating fire risk at the entire community level. And that's just for preparing for wildfire evacuation events. We also prepare neighborhoods to help each other after a major shelter-in-place event, such as a major earthquake. Neighbors pool resources and organize a response plan in case of a major earthquake to make sure every neighbor is checked on, to make sure gas meters are secured to prevent the spread of fire, and have radios to communicate efficiently and to have a lifeline out to authorities. Contact Coordinator@nrgmarin.org to put you in touch with your neighborhood's NRG contacts or learn more on how your neighborhood can support its families prepare to evacuate for wildfire events, as well as for major earthquakes. The Central Marin NRG Program is endorsed by the managers of Corte Madera and Larkspur, Central Marin Fire and Central Marin Police. There aren't enough professional responders on duty at any one time to cover everywhere after a major disaster.

"Preparedness is everyone's job. Not just government agencies but all sectors of society - service providers, businesses, civic and volunteer groups, industry associations and neighborhood associations, as well as every individual citizen - should plan ahead for disaster. During the first few hours or days following a disaster, essential services may not be available. People must be ready to act on their own." California Office of Emergency Services

"70% to 95% of victims are rescued by neighbors, not professional responders." Los Angeles Emergency Services



Town Council

Bob Ravasio, Mayor
James Andrews, Vice Mayor
Sloan Bailey
Eli Beckman
David Kunhardt

Parks & Recreation Commission

Fred Casissa, Chair
Emily Janowsky, Vice Chair
Nathan Blomgren
Sara Elsen
Eric Engstrom
Alden Miles
Elein Phipps
Cambry Weingart, Youth Commissioner

Parks & Recreation Department Staff

Mario Fiorentini, Director
Brian Hernandez
Recreation Supervisor

Contact Information

498 Tamalpais Drive, Corte Madera, CA
Tel. (415) 927-5072 Fax. (415) 927-7138
Email: Recreation_dept@tcmmail.org

Office Hours

Mon - Thu, 8:00 am- 5:00 pm
Closed to the public on Friday
Closed on Saturday & Sunday

Online Registration

cmparksandrec.org



WINTER/SPRING 2020

Corte Madera Age-Friendly Intergenerational Center

498 Tamalpais Drive
Corte Madera
Entrance by the iconic Pencil Bench
(415) 991-4040
www.agefriendlycenter.org

On the following pages are just some of the terrific programs for all ages offered at the Age-Friendly Intergenerational Center.



A \$25 tax-deductible donation to *Age-Friendly Solutions* qualifies Corte Madera residents for a Gold Pass, entitling the Gold Member to attend all classes at no charge for the calendar year 2020! For a \$40 donation, those living outside of Corte Madera qualify for a Silver Pass, entitling Silver Members to the same benefits.

Age-Friendly Solutions, a 501(c)(3) tax-exempt organization, funds all the programs at the Age-Friendly Intergenerational Center.



INTERGENERATIONAL CENTER

Always fun at the Corte Madera Age-Friendly Intergenerational Center!



Yoga fun with Sherri



Fun Projects at the Makerspace



Paint and Sip



Artists at any Age



Celebrating Generations



All Ages Pickleball

The Center's programs and instructors are funded by grants and donations to *Age-Friendly Solutions*, a 501(c)(3) tax-exempt organization. You may donate online at www.agefriendlycenter.org or mail your donation to Age-Friendly Solutions, 498 Tamalpais Dr., Corte Madera, CA 94925. Your contribution is most appreciated.

www.agefriendlycenter.org



INTERGENERATIONAL CENTER

DRAWING AND WATERCOLOR BASICS

Instructor: John McCormick, BFA
Award-winning Artist and Instructor, San Francisco Academy of Art, et al
Mondays and Wednesdays,
10:30 am – 12:30 pm



John McCormick

This is an all-levels class. Beginners will receive a basic understanding of materials while intermediate and advanced students will be guided by the instructor and encouraged to work on their own projects, if desired. Explore using pencils, charcoal and watercolors to develop an understanding of composition, spatial relationships and value (lights and darks). Students will develop their skills in drawing while discovering and nurturing their unique expression. These ideas will then be applied to watercolor painting. Materials will be available for purchase or bring your own. Free to members/\$10 per class for non-members.



MAH JONG AND BRIDGE FOR FUN

Mondays
1:00 – 3:00 PM

Mah Jong and Bridge games are going on at The Center. . . just for fun and when space is available. Free to members/\$10 per class for non-members.



FUN & FITNESS WITH PATI

INSTRUCTOR: Pati Stolar, RN

Mondays
3:15 pm – 4:15 pm

If you're thinking about trying some easy physical activity, join us on Mondays at 3:15 at the Intergenerational Center for gentle aerobics, light strength

exercises and stretching. No impact or getting down on the floor. Helps reduce stress, painful joints and instability. Free for members; \$10 drop-in for non-members.





INTERGENERATIONAL CENTER

NEW!

CHAIR DANCING

Instructor: Rayner Needleman

Tuesdays

11:15 AM – 12:15 PM

Come and enjoy a playful, spirited chair dancing class to energize you and leave you smiling. Combined with gentle yoga for an all-around exercise and uplifting experience.

CHAIR YOGA

Instructor: Rayner Needleman

Tuesdays

1:00 – 2:00 PM

Rayner Needleman is a certified yoga teacher and therapist, and has been teaching for over 25 years in the Bay Area. The class at the Age-Friendly Intergenerational Center consists of chair yoga with gentle movements to stretch and strengthen, and breathing exercises, along with some standing for balance and yoga poses. All abilities are welcome. The class is light-hearted and fun, and brings about a general sense of well-being both in body and mind.

Rayner Needleman taught at CPMC 's Wellness Center and Cardiac Rehab. She teaches at several health clubs and senior centers, Rayner is the Director and Producer of 'Moving for Life Yoga' a DVD for both chair and yoga on your bed.



CHAIR YOGA

Instructor: Jane Rivera

Thursdays

1:00 – 2:00 PM

Join Jane for a breath-based hour to explore both the inner and outer powers of yoga.

Yoga to the rescue for: balance, strength, vitality, inner peace, and lots of joy. We move gently and slowly. All levels welcome. No prior experience necessary. Come share an hour of yoga bliss with us.

Jane Rivera has 20 years of in-depth study and practice of authentic Yoga teachings. She has taught Gentle Yoga and Restorative Yoga in Marin for the past 10 years. RYT E200 and RYT 500, trained by Sherri Baptiste. Certified by Yoga Alliance. Jane holds advanced certification in the therapeutic application of Restorative Yoga from Judith Hanson Lasater.



Story Time for Pre-schoolers

with Ruth, Jackie and David

Tuesdays and Thursdays

10:30–11:00AM

Join us as we read, sing and play together. Fun for the entire family from infants to grandparents.

Free to all.



It's story
TIME



INTERGENERATIONAL CENTER

NEW!

Painting with Acrylics

Instructor: Debra Maddox

Tuesdays

10:30 AM – 12:30 PM



In this new class, renowned artist Debra Maddox will cover color mixing, composition, materials and techniques for dynamic acrylic painting. Previous experience is not required. Free to members; \$10 drop-in fee for non-members.

Learn to Play MahJong Series of 4 classes

Instructor: Leslie Friedman

First 4 Tuesdays in January

First 4 Tuesdays in March

2:30 – 4:30 PM

Leslie Friedman grew up, intrigued by the look and feel of her mom's MahJong tiles. Upon retirement, Leslie took lessons and "was hooked!" She now teaches, plays and participates in tournaments. Leslie loves teaching and sharing her passion She will impart to you that the game is fun, stimulating and addicting. Avid player Judy Levinson will assist Leslie to teach you the "American Style" game of Mahj. Free to members.



Intergenerational Indoor PickleBall

Instructors: Marty Resnik and

Brett Hanna



Tuesdays

3:30 PM to 5:30 PM

Pickleball is for everyone – ALL AGES! This is a class for kids and adults new to the sport. Learn to play Pickleball indoors and join in on one of the fastest growing sports today. All ages and athleticabilities

have a greattime playing Pickleball.

All equipment is provided. No experience is necessary

Free to members or \$10 Drop-in fee.



Crafts With Julie

Instructor: Julie Kritzberger

2nd Tuesday of the month

(Please check the website or call The Center at 991-4040 for information and/or to register.



Julie Kritzberger, Crafter Extraordinaire, will guide you through the steps to leave with a super creation. For total beginners and experienced crafters.

Materials will be provided.

Free to members.

\$10/class for non-members.





INTERGENERATIONAL CENTER

CHAIR EXERCISE

Wednesdays

2:00 – 3:00 PM

Instructor: Pam Waterstone



Join Pam for gentle, safe exercise while remaining seated. These mild exercises are ideal for those who have high risk of falls, severe joint problems, or are wheelchair-bound. These exercises have been

shown to improve strength, flexibility and blood circulation, as well as to boost one's mood. Free to members, \$10/class for non-members.



COMMUNITY KNITTING GROUP

FOURTH TUESDAY OF EVERY MONTH

11:00 AM – 12:00 PM

Join a great group of community members that gather together to work on their personal projects or knit hats and blankets for preemies and chemo patients at Kaiser San Rafael. This activity is free to all. Sponsored by The Center and Corte Madera Women's Club.

ART FOR KIDS (2ND GRADE– 8TH GRADE)

Wednesdays

2:00 – 4:00 PM **School Minimum Days!**

Instructor: Debra Maddox



Debra offers a terrific program for kids of all artistic levels. Students have fun drawing, painting and creating collages. They explore drawing and painting techniques as well as styles of famous artists. All projects are age appropriate. Free to members' children/\$10/class for non-members.



Debra Maddox participates in the Artists Teaching Art Program funded through the Sausalito Arts Foundation. Among many honors, Debra was selected commemorative Artist for the Sausalito Art Festival in 2006.



Watch for announcements of our **Paint and Sip** evenings for adults conducted by Debra.



Yoga with Weights--Baptiste Method The Ultimate Anti-Aging System

Instructor: Sherri Baptiste

Wednesdays, 9:00AM–10:00AM

*New location in the Park Madera Center,
518 Tamalpais Drive, Ste. D*



With nationally recognized yoga expert Sherri Baptiste, you'll practice the mindfulness and core ideals of yoga with the physical culture

and science of bodybuilding. 'Yoga with Weights,' the ultimate anti-aging system, integrates the best of both disciplines, building core stability, bone density and balance.

Weight training and the healing power of yoga bring strength and serenity

Third Wednesday Speaker Series

Third Wednesday of every month

11:00 AM–12:30 PM (Main Hall)

Sponsored by Age-Friendly Corte Madera, Twin Cities

Village, Age-Friendly Solutions and Corte



Madera Parks and Recreation Department, the series has presented years of well-attended, successful events. All informative and entertaining programs. See the inside cover for the schedule of presentations. Free to all.

The exercises stimulate muscle toning, lean muscle mass, metabolism, strength and coordination. Building on the strengths of both disciplines, this user-friendly system combines breath-based yoga with weights exercises, held in accurate alignment, while simultaneously working out.

Equipment will be provided: yoga mat, handheld weights (1-3 pounds per hand for women and 5 pounds per hand for men) and ankle weights (2-3 pounds for men and women).

The book *Yoga with Weights for Dummies* by Sherri Baptiste (Wiley) is recommended for those who plan to incorporate this system into their workout program, available on Amazon.

"Ask Jody"

Third Wednesday

1:00 PM–2:00 PM

(following the Speaker Series)

Jody Timms, PhD,

Marin Commission on Aging,

Age-Friendly Fairfax, Age-Friendly Marin



Dr. Timms' many years of professional experience in Marin have provided her a vast knowledge of resources for older adults. When you have a challenging situation or are stumped by any difficulty and need assistance, "Ask Jody" for guidance to the appropriate organization or agency. \$10 drop in fee; free to members.



INTERGENERATIONAL CENTER

MakerSpace

**4th to 12th Grade
and adults up to 110!**

Thursdays

3:30—5:30 PM

Instructor: Charles Sowers



Everyone, from ages 10 to 110, is welcome to the Makerspace to create, collaborate, work on projects, "upcycle," have fun and learn. The Makerspace has a wide array of equipment including a 3D printer, a laser cutter, a Carvey and more. Charles will guide you through the mechanics to utilize these tools and develop your ideas.

Free to members and children of members. \$10/class for non-members, (There may be a small charge for materials.)

Charles is a renowned artist and has been Exhibit Developer at the San Francisco Exploratorium since 1998.

www.charlessowers.com

Coming Soon!

TEEN HANGOUT

Finally, a place to hang out, meet, play games, socialize or study. Beginning in February, The Hang Out will be open after school as the new "go-to" place.



Designing Custom T-Shirts
in the Makerspace



Friday at the Movies

1:00—3:00PM



Your opportunity to see the latest movies or to enjoy the old classics every Friday. Check with the AFIC to learn of the upcoming movie.

Need Help With Your Electronics?



If you need help with your iPads, iPhones, laptops or social media, one of our Teen Techs will be happy to assist you. Contact Pam at the Intergenerational Center (991-4040) for an appointment.

HELP WANTED!



TEENS to help older adults with their iPads, iPhones, laptops and social media. Please contact Pam at the Intergenerational Center (991-4040) to let her know your availability. This may qualify for community service credit.

Tyler Grossman

Realtor®
DRE 01715364

415.686.4451

tyler.grossman@compass.com
RealtorInMarin.com
Tamalpais Dr. | Corte Madera CA



Corte Madera Resident and Realtor

**MARIN WOMEN'S
SOCCER LEAGUE**



**PLAY SOCCER.
GET IN SHAPE.
MAKE FRIENDS.
JOIN MWSL!**

WWW.MWSL.NET

Based in Marin County
and welcome players 18+
from the greater Bay Area.

**SPRING REGISTRATION
OPENS FEBRUARY 2019**



O'NEIL

CUSTOM BAGS & EMBROIDERY INC.

EVERYTHING YOU NEED

Family run since 1984, O'Neil Bags has continued to manufacture the finest quality sports, travel and equipment bags in America. Everything with an O'Neil label is made in our 7,000 square foot manufacturing facility in San Rafael, California. All bag products can be modified and made to your exact specifications. This allows you to tailor the bags to fit your needs and your budget. We use several types of fabric and there are 24 colors to choose from. We have full in house embroidery capabilities for "digitizing" your logos and designs and transforming them into fine stitch embroidery. Names and numbers may also be embroidered in any location on any bag.

**124 Belvedere Street, San Rafael
415.460.0111**

Southern Marin Toastmasters - 1441



Southern Marin Toastmasters - 1441, has meetings every **Wednesday evening from 7:00-8:45pm.**

Please arrive by 6:45pm. We meet at

Larkspur Recreation, 240 Doherty Drive, Larkspur

We welcome all guests, including members of other Toastmasters clubs. Please come enjoy a fast-moving, fun, and educational evening!



For more information, see our 1441 website at: **1441.
toastmastersclubs.org**

THRIVE
Healing Arts Studio

415-717-4791

WWW.THRIVEMARIN.COM

MarinAcura.com

415-924-5100

5860 Paradise Dr, Corte Madera

The All New 2019
Acura RDX is
Available now!



CORTE MADERA FACILITY & PARK RENTAL

A Special Way To Deliver

Put your messages up on our digital marquee! This affordable medium delivers birthday wishes and announcements. Located just in front of the Community Center, the marquee message may include 4 lines, with 15 spaces in each line including spaces between words.



Digital Marquee Rental Rates

General use.....\$25 per day
Commercial use\$130 per day



Community Center

Located by the beautiful and award-winning Town Park on Tamalpais Drive at Eastman, the Community Center is the perfect venue for wedding receptions, birthdays, business meetings, social gatherings, banquets, fund-raisers, and performances. With total capacity of 350 people, the Community Center includes a large multi-purpose main hall (64'x 43'6"), lounge and wet bar (62'6"x 14'6"), fireplace, stage (20'x 43'4"), meeting rooms, and beautiful garden-setting patio. Capacity is 250 theatre style, 175 dining, 350 assembly. Adjoined to the main hall is a huge kitchen (35'6"x 14'6") with commercial refrigerator, double deep sink, oven, griddle, and stove. Our furniture collection includes 250 chairs, 8 foot by 30 inch rectangular tables (20) and 6 foot round (20) tables provided free of charge if you rent the facility. The Community Center is also equipped with a PA system and lighting. Renters are entitled to a one-day use of the readerboard in front of the building on the day of rental. The hourly use fees/charges applicable to users of the Town's Community Center shall be:

A. Main Hall /Patio /Kitchen

Residents - \$235.00 per hour
Non Residents - \$275.00 per hour
(4 hour minimum)

B. Minimum Cleaning and Damage Deposit

Depending on type of activity
\$500 - \$ 2,000 (may be refundable)

C. Commercial Uses /Filming

1-3 people on crew - \$150 per day
4-6 people on crew - \$200 per day
7-9 people on crew - \$300 per day
10 + people on crew - \$700 per day

Corte Madera and Larkspur Student Filming – No Charge
(Town of Corte Madera business license required.)

D. Special Events Application

Residents - \$100.00 (per application)
Non Residents - \$200.00 (per application)

E. Neil Cummins Facilities

The use fees/charges applicable to users of the Neil Cummins Gymnasium shall be:

Residents - \$70.00 per hour
Non Residents - \$85.00 per hour

All above fees are per hour, with a two-hour minimum.

Additional Fees:

Cleaning and Damage Deposit
\$500.00 - \$2,000.00 (may be refundable)

For A Facility Rental Packet Call

(415) 927-5072 or go to cmparksandrec.org

CORTE MADERA FACILITY & PARK RENTAL

Outdoor Fields Facilities

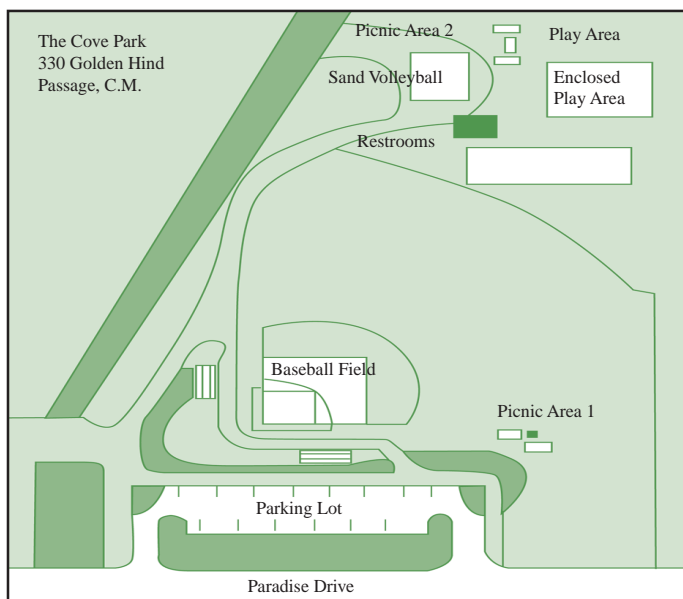
The one-day use fees/charges applicable to users of the TOWN'S outdoor fields and facilities shall be:

A. Picnic Area Site	Residents	Non-Residents
Areas A - G Town Park	\$30/hr	\$40/hr
Areas 1 - 2 The Cove (4-hour segments)	\$30/hr	\$40/hr
Cleaning & Damage Deposit (may be refundable)	\$200	\$200
B. Menke Park	Residents	Non-Residents
*Special event permit required.	\$55/hr	\$65/hr
Cleaning & Damage Deposit (may be refundable)	\$300	\$300
C. Athletic Fields	Residents	Non-Residents
Town Park West Field	\$95/hr	\$110/hr
Town Park East Field	\$95/hr	\$110/hr
Softball Field	\$95/hr	\$110/hr
The Cove Field	\$95/hr	\$110/hr
D. Courts	Residents	Non-Residents
Town Park & Granada Tennis		
Annual Court Key	\$40	\$50
Half Year Court Key (available July 1)	\$25	\$35
The Cove Sand Volleyball Court	\$20/hr	\$25/hr

Tennis court locks will be re-keyed the second week in January

Picnic Areas

Picnic Area 1: 2 tables, 1 BBQ
 Picnic Area 2: 3 tables, 1 BBQ



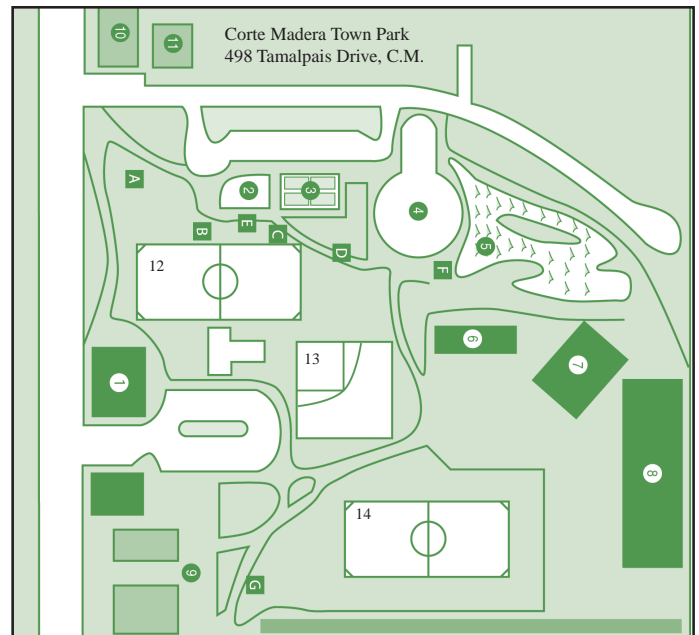
Picnic Refund/Cancellation policy:

A. Cancellations made fourteen (14) days or more prior to the reservation date will result in forfeiture of 50% of the deposit. Rental fee may be refunded.

B. Cancellations made thirteen (13) days or less prior to the reservation date will result in forfeiture of 100% of the deposit. Rental fee may be refunded.

C. Cancellations made less than six (6) days prior to the reservation date will result in forfeiture of 100% of all fees.

All fees are due and payable at time reservation is made.



Picnic Areas

- | | |
|--------------------|--------------------|
| A: 4 Tables, 2 BBQ | E: 2 Tables, 1 BBQ |
| B: 2 Tables, 1 BBQ | F: 2 Tables, 2 BBQ |
| C: 2 Tables, 1 BBQ | G: 2 Tables, 1 BBQ |
| D: 3 Tables, 1 BBQ | |

Legend

- | | |
|-------------------------|------------------------|
| 1. Community Center | 8. Neil Cummins School |
| 2. Skate Park | 9. Private Businesses |
| 3. Tennis Courts | 10. Fire Department |
| 4. Playground | 11. Post Office |
| 5. West Lagoon | 12. West Soccer Field |
| 6. Twin Cities Day Care | 13. Softball Field |
| 7. Neil Cummins Gym | 14. East Soccer Field |



LARKSPUR PARK INFORMATION

Piper Park Picnic Tables

Have your next get together or birthday party at Piper Park! We've recently renovated the picnic area with new tables and a fresh layout! Book early, spots are filling up!



Piper Park

Located at: 250 Doherty Drive (behind police station)
Facility and park rental information available on our website.

Picnic Tables: 30 tables and 14 BBQ grills

Softball Fields: 2 fields (price per field)

Sand Volleyball Courts: 2 courts (price per court)

Soccer Field: 1 grass field

Synthetic Soccer Field: 1 field



Canine Commons Dog Park

Larkspur Canine Commons, located in Piper Park, is the regular playground for local dogs and their owners. This special area allows dogs and dog owners to have an opportunity to enjoy the company and interests of other people and their pets.

To utilize the Canine Commons, dogs must display a current license, never be left unattended, and females must not be "in heat." It is also recommended dogs are spayed or neutered. Please remember to abide by the City's leash law and pick up after your pet. The Canine Commons is on the move! Check the website for additional information.



Heritage Trees

Part of the culture of living in Larkspur is the respect and loving care we give our community's historical heritage trees. For this reason, Larkspur has long had a Heritage Tree Ordinance. Permits are required to remove or significantly prune a Heritage tree. View the Municipal Code (section 12.16) on our website at cityoflarkspur.org for more information about Heritage Trees.



Tree & Bench Donations

The City's Parks Donation & Memorial Program is a wonderful way for you to honor or commemorate a special person or event while adding beauty to a favorite park or trail. Please contact the Public Works Department at 415-927-5017 or publicworks@cityoflarkspur.org on how you can donate a bench or tree today!



City Meetings

Unless noted all meetings will be held at City Hall in the Council Chambers 400 Magnolia Ave.

City Council: 1st & 3rd Wednesday 6:30pm

Library Board: 2nd Monday 6:15pm

Planning Commission: 2nd Tuesday 7:00pm

Heritage Preservation Board: 2nd Thursday 7:00pm

Parks & Recreation Commission: 3rd Thursday 6:30pm

Office Hours

Monday-Thursday 9:00am-12:00pm & 1:00pm-5:00pm

Closed Friday, Saturday & Sunday

cityoflarkspur.org

Contact Information

City Hall Administration (415) 927-5110

Fax: (415) 927-5022

Public Works (415) 927-5017

City Council

Catherine Way, Mayor

Dan Hillmer

Kevin Haroff

Scot Candell

Gabe Paulson

Larkspur Parks & Recreation Commission

Victoria Harrison, Chair

Sandy Blauvelt

Jeanne Friedel

Michael Koeppel

Lisbet Sunshine



Zero Waste Marin Sustainability Guide

Zero Waste Marin works with cities and towns throughout Marin County to educate residents about reducing the amount of waste that goes into our local landfills. Check out the latest updates at ZeroWasteMarin.org for more tips to reduce waste.

Follow these tips to reduce food waste in Marin County.

- Practice Smart Shopping
- Make a List
- Shop Local
- Buy Only What You Need
- Prep Now, Enjoy Late
- Repurpose Holiday Leftovers
- Don't Let Good Food Go to Waste
- Store Food Correctly
- Compost the Rest

Which items belong in my green cart?

- Food scraps
- Food soiled paper
- Yard & garden waste
- Compostable service ware



CORTE MADERA SKATE PARK & COMMUNITY RESOURCES



Corte Madera Skate Park Rules

- All users of this facility are required to wear safety gear including helmets and knee and elbow pads. [Any person failing to wear said safety gear is subject to citation pursuant to Corte Madera Municipal Code (CMMC) Section 9.28].
- Skateboards and in-line skates only.
- No bicycles, tricycles, scooters, or motorized vehicles allowed at any time.
- Keep area clean. Please use trash cans.
- No glass or bottles allowed in the Skate Park area
- All forms of graffiti, tagging, stickers, or other means of defacement to park property are prohibited.
- Do not use facility if a hazardous condition exists. Report any damage, vandalism or hazardous condition to the Central Marin Police Authority, 415-927-5150.
- Violations may result in citations, temporary closure of the facility, and/or prosecution of the responsible person(s).

Park is open everyday, 9:00am to dusk.



CORTE MADERA COMMUNITY RESOURCES

Town Hall.....	927-5050
Town Clerk.....	927-5086
Finance Dept	927-5055
Meeting Schedule	927-5040
Fire Dept.....	927-5077
Planning Dept	927-5064
Public Works Dept	927-5057
Building Dept	927-5062
Engineering Dept	927-5057
Community Foundation	924-0150
Beautification Committee.....	265-1105
CMPA	927-5150
TC Little Leagues	722-9730
Women's Club.....	927-9462
Mothers' Club	451-7234
Lion's Club.....	924-8186
Chamber of Commerce	924-0441
Town Band.....	891-3071
Corte Madera Library	924-3515
Volunteer Firefighters.....	924-5077
Age Friendly Corte Madera.....	480-9758

ONLINE RESOURCES

agefriendlycortemadera.com
centralmarinpolice.org
cmwomensclub.org
cmlmc.org
cmprsoftball.org
cmprsummerplayground.org
cortemadera.org
cortemaderafc.org
cortemaderalions.com
cortemaderatownband.org
marinlibrary.org
townofcortemadera.org
twincitiesll.com

CITY OF LARKSPUR COMMUNITY RESOURCES

City Hall.....	927-5110
City Clerk.....	927-5002
Fire Dept.....	927-5077
Public Works.....	927-5017
Larkspur Library	927-5005



Season of Giving Annual Fund Appeal Launched

The Friends of the Larkspur Library and the Larkspur Library Community Center Foundation have launched the first annual Larkspur Library Season of Giving campaign to raise funds for the Larkspur Library operations.

The Friends of the Larkspur Library fund vibrant programming, new materials, and other library improvements. The Larkspur Library Community Center Foundation's mission is to partner with the City of Larkspur and the communities of lower Ross Valley to raise the funds to build and sustain the new Larkspur Library at The Commons, the 2.4-acre property the city owns at Rose Lane.

To give to the Season of Giving Campaign, giving to the first Larkspur Library Season of Giving campaign, use the Friends of the Larkspur Library donate



The Commons at Larkspur
Larkspur Library Community Center Foundation



Corte Madera Parks & Recreation
498 Tamalpais Drive
Corte Madera, Ca. 94925

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ECRWSS

FLASHLIGHT EGG HUNT at Piper Park

Friday, April 10 • 8:30pm

Grab your flashlight and basket and join us at Piper Park for our second annual Flashlight Egg Hunt! Eggs stuffed with goodies will be spread across a section of the Park. When the whistle blows, the search begins! The hunt begins at 8:30pm – don't be late!

.....

SPRING EGG HUNT at Piper Park

Saturday, April 11 • 10:00am

Grab your basket and join us for the Spring Egg Hunt at beautiful Piper Park in Larkspur! Children will be divided into age-specific areas to search for eggs. Keep an eye out for the Golden Eggs which are filled with special prizes!

We'll also have a small petting zoo and the Bunny to take photos with! Free to the community.

